

# New Blog Post Discusses When Children Need To See An Orthodontist

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Jessica Cohen Orthodontics, based in Highland Park, Illinois, has announced that they have published a new blog post that discusses when children should see an orthodontist. The article is titled, "When Should You Take Your Child to See the Orthodontist?" and it points out that knowing when a parent has to take the child to see the orthodontist can have a big difference for the child.

Dr. Jessica Cohen herself says, "Many parents do not realize they can bring their children over to visit with an orthodontist when they are as young as seven years old. Parents often feel that it is too early because their child still has plenty of baby teeth, but seven years old is the ideal age to have an orthodontist examining your child's teeth."

Consultation with an orthodontist for the child is important because this can allow them to be aware of certain issues and the recommended treatment. For instance, there might be some issues with the way the child's teeth are growing in. If the teeth are overlapping one another, the child could be experiencing some difficulties in properly caring for the teeth while brushing and flossing. This could result into serious dental problems, such as tooth decay and gum disease. It would be advisable to have those teeth straightened out sooner than later when more serious dental problems have occurred.

An important sign that children need to see an orthodontist is when they have crooked teeth. Dr. Jessica Cohen wants to point out that crooked teeth are not just a cosmetic problem. It is indeed a cosmetic issue because a person will feel insecure when smiling and talking but crooked teeth also means that they are more difficult to keep clean, possibly resulting into more cavities and dental problems.

Various straightening options are available for crooked teeth, such as metal braces and Invisalign. Dr. Cohen offers some Invisalign treatment secrets, such as that Invisalign offers a metal-free and convenient way to straighten teeth. However, children may not always be good at remembering to wear the Invisalign aligners.

That is why, metal braces are often recommended for children.

For children with gapped teeth, it may also be a good idea to bring them to an orthodontist. While gapped teeth may be natural in some people, this could be a problem for children as food can get stuck between the teeth resulting in the accumulation of bad bacteria in the gaps. These bacteria can cause damage to the gums and teeth.

An orthodontist will often suggest braces as the ideal treatment for gapped teeth. The braces will be able to gradually shift the teeth to close the gaps. Dr. Cohen points out that it may not take too long for the gaps to be closed when using braces.

Another indication that children need to see an orthodontist is when they have an underbite or overbite. This is usually uncomfortable and can result into a number of dental problems. An orthodontist can suggest various treatment alternatives, such as braces, upper jaw expanders, and possibly even surgery.

Another sign that children need to see an orthodontist is when they breathe through their mouth. According to a study in 1970, mouth breathing can have a substantial effect on the overall facial structure and can cause deformed teeth structure. The problem here is that it could be difficult for children to explain what they are experiencing. Thus, parents may need to look for certain symptoms. These include irritability; cracked lips; increased crying episodes at night; slower than normal growth rate; and problem concentrating on a particular topic.

When parents notice those different indications like crooked teeth, gapped teeth, overlapping teeth, or more, Dr. Cohen suggests that parents schedule an appointment for their children to learn about the various options.

Those who are looking for an orthodontist Highland Park, IL residents can rely on can visit the Jessica Cohen Orthodontics website, or contact them on the phone or through email. Their office hours are from 9:00 am to 5:00 pm, Monday to Friday.

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For more information about Jessica Cohen Orthodontics, contact the company here: Jessica Cohen Orthodontics Dr. Jessica Cohen (847) 790-4495 thebracesmom@gmail.com 1775 St Johns Ave, Highland Park, IL 60035

**Jessica Cohen Orthodontics**

*Equipped with the latest technology, Jessica Cohen Orthodontics in Highland Park IL, specializes in the diagnosis, prevention and treatment of dental and facial irregularities to improve oral health, self-confidence and whole-body health.*

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