

Psicoterapia Online Gives Patients New Ways To Seek Therapy

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San Miguel de Allende, Guanajuato based Psicoterapia Online is pleased to announce that their website's online portal for psychological therapy is now open. Visitors will be able to seek out a host of services dedicated to establishing strong mental health and enabling their future stability and success as individuals.

According to the company, their patients benefit from a variety of benefits that are not possible with more conventional avenues for therapy. For instance, the online clinic notes that patients can effectively receive treatment from anywhere in the world as long as they have a stable internet connection. There is no need for them to travel to the clinic's premises in order to seek their therapist, nor do they have to schedule appointments at inconvenient times.

Furthermore, the clinic notes that patients who are forced to move homes, or even travel often for work, are likely to experience a greater degree of difficulty seeing the therapist they have grown accustomed to on a regular schedule. In worst case scenarios, they may have to look for a new therapist altogether. Fortunately, this is no longer an issue, since their therapist can always be reached through Psicoterapia Online's website. Most notably, perhaps, seeing a therapist online is a much more economical option for the patient as it is less expensive than face-to-face sessions.

As the clinic states on their website, they offer their patients the advantage of, "Comfort, Flexibility, and Privacy. You will be served from the privacy of your own home or from your favorite cafe, at the most comfortable time for you. If you have to travel or move to another country, you can continue your therapeutic journey there as well."

An established Psychologist and Psychotherapist who specializes in psychological trauma, company founder Jacopo Palumbo states that, "I have worked with hundreds of people of different nationalities and social context. I empathize with and understand the complexities of the psychological problems that bind my

patients.?

In a statement echoed on the clinic's website, he explains, "During the first session, we will reflect together on your problem and your therapeutic priorities. I will give you my first opinion of what is happening to you and a therapeutic hypothesis with goals, objectives, and an indication of the time needed to achieve them. Throughout your therapy, you will learn specific strategies and skills that will help you develop healthy and stable changes in your outlook. My goal is to provide you with a quality service in the shortest possible time, so you can benefit from your therapeutic process."

Patients may use any digital device capable of internet access to schedule a session with their therapist, such as a mobile phone, tablet, or laptop computer. Additionally, they may opt to have their sessions in the medium they are most comfortable with, including video conferencing, telephone calls, chat, and even email. The clinic offers treatments for a variety of conditions, including psychological trauma, anxiety and stress, and depression.

Notably, Palumbo's patients often speak highly of the success they have achieved through his therapeutic programs. For instance Mario, a patient based in San Miguel de Allende left a testimonial that is now proudly displayed on the clinic's official website. The testimonial reports that, "EMDR (a Spanish acronym for "Desensitization and Reprocessing through Eye Movement") is almost impossible to explain; it has changed my life and it keeps changing my life. I never thought that I could have the opportunity to feel happiness in my life. With a single session of EMDR, it was like having 50 therapies in one but, most importantly, the feeling of well-being stays forever. Today I can say that I love myself as well as those around me. Thank you very much for everything, Jacopo! You have taught me many tools to continue living in the best possible way."

Similarly, Federico from Buenos Aires shares that, "My experience with EMDR therapy is excellent because each session makes me advance a little more in what I want and I need to solve in a practical way. The Skype sessions with Jacopo were more comfortable for me, since the organization of the meeting is simpler and one is working from a comfortable place, like your own home."

Those who wish to learn more about the online clinic and the therapeutic services they offer may contact Jacopo Palumbo of Psicoterapia Online to follow up on any inquiries they may have. More information is also available on their website. In addition, Palumbo invites other clinics to follow his lead and give their patients more opportunities to reach the therapy they need through online portals. Learn more about reaching out to patients in need here: Nestor.

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