

The Skinny Network Launches Online Network for Weight Loss with Fiber

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IRVINE, Calif. ? The Skinny Network announced today that it has launched a new online network, <http://skinnyfibernetwork.com>, to help people lose weight with fiber. The site, founded by Janelle Marie, an entrepreneur who lost 50 pounds using the ?Skinny Fiber? approach, is an information portal for all things related to health, fitness, and skinny fiber. It contains tools and resources to help people lose weight during the summer season.

?Losing weight can change your life, but with our approach, you don?t have to change your whole life just to lose weight,? said Janelle Marie. ?Of course, you have to make a commitment to eating right, to getting skinny by eating fiber and you have to stay fit, but you can still be yourself.?

The Skinny Network offers users calorie counting calculators, innovative exercise routines, free weight loss calendars and the latest information on new ways to get in shape. The site also provides healthy recipes and daily exercise plans. Visitors can sign up for email reminders about weight loss and recipes or check out a 5-Day Diet plan. Health advice and recommendations about snacking, as well as case studies on weight loss complete the site?s information-rich content offerings. Early network members praise The Skinny Network, posting positive review. Reviews can be found at <http://skinnyfibernetwork.com/skinny-fibre-reviews-and-best-results-in-2014/>.

Janelle Marie founded The Skinny Network to inspire others to lose weight, as she did. Janelle entered college 50 pounds overweight ? an experience she describes as miserable and humiliating. Using skinny fiber and other weight loss techniques detailed on skinnyfibernetwork.com, she lost those 50 pounds while in school has kept them off for many years. She is passionate about all things related to fitness and health.

For more Information, visit www.becomingsuperyou.com.

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The Skinny Network

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