



## **NJ Center For Cool Sculpting Offers Pain-Free Alternative To Liposuction**

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NJ Center for CoolSculpting, based in Summit, New Jersey, has announced that they are offering a procedure that is a pain-free alternative to liposuction. Therefore, it does not require anesthesia or sedation, which could have negative effects on the patient. They have also become the premier center for CoolSculpting as their doctors are masters of this revolutionary non-surgical method of eliminating stubborn fat. This procedure has also been cleared by the FDA for treating visible fat bulges in the thigh, submental area, abdomen and flank, including back fat, bra fat, upper arm, and under the buttocks.

Hardik Soni from NJ Center for CoolSculpting says, "Our staff consists of board-certified doctors, certified aestheticians, and licensed physician assistants who are collectively regarded as national leaders in body contouring. CoolSculpting is an innovative new way to freeze unwanted fat cells, which your body naturally digests. It's a non surgical fat reduction procedure specifically targeting fat cells. The procedure is a pain-free alternative to liposuction, and there's no downtime. And because the fat cells are actually frozen and shrunk, there's no possibility of fat transfer."

A popular area that is often targeted in CoolSculpting is the stomach. It makes use of cryolipolysis, which is a controlled cooling treatment for getting rid of stubborn fat that is unaffected by exercise or diet. This is a non-invasive procedure, as opposed to liposuction, which is a kind of surgical procedure and has to be performed under anesthesia, local or general, depending on the areas to be treated and the amount of fat that has to be removed. Incisions have to be made when performing liposuction, which will naturally involve some pain, and the patient will need a few weeks to recover. In contrast, after CoolSculpting treatment, patients can immediately get back to their usual activities like going to work. More about this can be gleaned from their Facebook page at <https://www.facebook.com/NJCenterForCoolSculpting/>.

The CoolSculpting procedure will only take 35 to 60 minutes, depending on the number of areas that need to be treated. For those fats that are extremely stubborn, additional treatments may be needed. Sometimes, the physician will use more than one system and applicator in order to treat several areas of the body simultaneously, thus saving time. Thus, busy people would naturally prefer CoolSculpting because they can insert it into their schedule, possibly during lunch or after work.

CoolSculpting can be performed on both men and women. For men, their focus is usually on getting rid of their love handles, beer belly, and even their breasts. Aside the advantage of getting rid of fat, men consider this treatment because it can provide a more masculine and chiseled look.

With regards to the side effects of the CoolSculpting procedure, some patients may feel some slight tingling, tugging, pinching, stinging, aching, and cramping along with the sensation of intense cold at the treatment area. However, as the cooling intensifies, the area becomes numb, thus getting rid of any feeling. After the treatment, there might be some bruising, minor swelling, blanching, firmness, stinging, redness cramping, aching, itching, tenderness, or sensitivity to touch. These will gradually decrease and subside in a few days or weeks.

It should be noted that some patients might prefer a tummy tuck. However, this is an invasive and potentially dangerous surgery. Thus, it would be a good idea to consult with a reputable physician who provides CoolSculpting in order to compare the two procedures appropriately. It is important to note that because a tummy tuck is a major surgery, it is usually done in one to three hours, while CoolSculpting can be completed in 35 to 60 minutes. Also, while tummy tuck patient will need to recover for two weeks to do sedentary activities and up to one month for more vigorous activities, CoolSculpting patients can immediately return to work after the procedure.

People who want to know more about the CoolSculpting services offered at NJ Center for CoolSculpting can

check out the center?s website at <https://sites.google.com/site/coolsculptingnewjersey/>, or contact them on the phone or via email.

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For more information about NJ Center for CoolSculpting, contact the company here: NJ Center for CoolSculpting Hardik Soni +1 908-273-5400 [info@myethosspa.com](mailto:info@myethosspa.com) 89 Summit Ave Suite 100 Summit NJ 07901 USA

## **NJ Center for CoolSculpting**

*NJ Center for CoolSculpting is a division of Ethos Spa in Summit, New Jersey. Our staff consists of board-certified doctors, certified aestheticians, and licensed physician assistants regarded as national leaders in body contouring.*

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