Legacy Healing Center - Alcohol & Drug Rehab Delray Beach Offers Holistic Rehab Services

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Legacy Healing Center - Alcohol & Drug Rehab Delray Beach, an alcohol and drug rehab facility located in Delray Beach, now offers inpatient addiction treatment that uses a holistic approach for treating individuals struggling with substance abuse problems. With this type of approach, the rehab program is able to treat not only the patient?s body but also their mind and spirit.

Legacy Healing is determined to dive into the root cause of addiction, to educate and empower their patients to succeed beyond the walls of the treatment center.

The facility?s rehab methodology looks at addiction as a comprehensive issue that affects a person?s mind, body, and spirit. Legacy Healing in Delray Beach combines research-evidenced practices from medicine and psychology. Patients are assessed by trained professionals who then create a personalized treatment plan based on the individual?s needs.

This personalized recovery plan will be based on many facets of the person?s life, including their medical history, mental health, family dynamics, legal troubles, career, aspirations, education, overall health, and substance abuse habits. Legacy Healing makes use of a comprehensive evaluation process to learn all about these issues that may be affecting the client and preventing them from achieving sobriety. Because addiction is such a personal condition, patients can expect their treatment plan to be different from everybody else.

Legacy Healing Center works with clients to reassess and adapt treatment plans over time in order to provide the most effective care at each stage of the recovery process.

The inpatient treatment works similarly with other rehab facilities - patients will work one on one and in groups with licensed healthcare professionals as they address various physical and mental conditions.

Recurring disorders such as anxiety, depression, trauma, eating disorders, personality disorders, and other mental health issues are identified and addressed.

What makes Legacy Healing Center?s inpatient drug rehab approach unique is that it also considers the patient?s career, their family, and their community.

Stable employment is an integral part of recovery and renewal. This allows a patient to start over again once they have reclaimed their sobriety. Legacy Healing?s staff can help clients in need of assistance so that they can find a job and maintain work and other responsibilities. A sense of responsibility and belonging can go a long way when it comes to maintaining sobriety because it allows the person to rebuild their confidence. It shows them that they still have control over their own destiny and have the power to change things for the better. Having a job also helps offset the financial effects of addiction and substance abuse.

Legacy Healing also helps patients address underlying family issues by offering treatment and education for family members. This ensures successful long term recovery. One of the reasons people abuse drugs and alcohol is because of their toxic home environment. But if their environment is safe, healthy, and happy, they are more likely to remain sober after treatment.

For many patients, it is difficult to imagine enjoying life without drugs, alcohol, and other addictive substances. Legacy Healing Center offers secure and fun recreational activities designed to remind clients of the joys of life.

A holistic treatment approach is what makes Legacy Healing Center unique. It helps heal patients physically, emotionally, and even spiritually. They provide aftercare and ongoing support following the initial intensive treatment to make sure that patients get the help they need to stay on the right track.

Legacy Healing Center?s program will help patients transition into their new life by offering the highest level of care from licensed, dedicated, and experienced treatment staff. Their goal is to use a proven and effective clinical approach while ensuring that patients have a positive experience throughout their stay. Contact Legacy Healing Center for drug rehab in Delray Beach Florida and beyond.

Contact Legacy Healing at (954) 420-7414 today.

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For more information about Legacy Healing Center - Alcohol & Drug Rehab Delray Beach, contact the company here:Legacy Healing Center - Alcohol & Drug Rehab Delray BeachTravis Benfaida(954) 420-7414info@legacyhealing.com1690 South Congress Ave Suite 202 ADelray Beach, FL 33445

Legacy Healing Center - Alcohol & Drug Rehab Delray Beach

Legacy Healing Center - Alcohol & Drug Rehab Delray Beach is the #1 drug & alcohol detox & rehab center serving Delray Beach. We help people who are wanting to live free from addiction. Drugs, Alcohol, Prescription Drugs. ?Rehab ?Rehab ?Rehab

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