



Weight Loss Clinic Publishes a Video and Discusses Metabolic Testing for Weight Loss in NYC

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A weight loss clinic in NYC, run by Dr. Vadim Surikov, has recently released a new video and review from a patient of the clinic. The current patient, Diane, says of Dr. Surikov, "I was sitting down one day, and I was scrolling through the internet, and I said, 'I need a doctor that's going to help me lose some weight.' I met him, and I came into the office. He gave me a diet plan, followed the diet plan, and it worked. Then eight months later, I started at 220 pounds, and I'm at 166 now. That's Dr. V. We call him Dr. V. If it weren't for him, I'd probably be still at 220 pounds." Dr. Surikov often discusses metabolic testing for weight loss in NYC, among other services that patients ask about.

The video of the interview with Diane, available at <https://www.youtube.com/watch?v=MdSrxORduL8>, shows the patient discussing the plan she has been following while working with Dr. Vadim Surikov and the results she has gotten while following his weight loss program. The video of the interview, as well as a transcription, can also be found on the clinic website, at <http://drvadimsurikov.com/newyork/medical-weight-loss-programs-review/>.

Diane has been a patient of Dr. Surikov for eight months, and had been struggling with an overabundance of

sweets and junk food in her diet, which she believes is what caused her to gain more than 80 pounds in a year and a half. When she found Dr. Surikov, he put her on a nutritional program that meant she was eating far fewer sweets and junk food and a lot more healthy foods like fruits, vegetables and poultry. After changing her diet, Diane began to see her weight fall again, and she is very excited about her progress. She also really likes Dr Surikov for how he cares about his patients and making sure that they get the weight loss that they want to have for themselves.

As a weight loss coach new york ny, Dr. Surikov helps patients from all backgrounds in and around the Midtown Manhattan area reach their weight loss goals, regardless of their reasons for wanting to lose weight. He has a remarkable perfect 5 star rating on Google Maps from 21 reviews, where all of the reviewing patients express how happy they are with the care and the results they got from working with Dr. Surikov and his weight loss clinic to lose weight. While recent reviewer Diane had not tried any other weight loss solutions before starting with Dr. Surikov, the clinic is more than happy to take patients who have tried and failed to lose weight through other methods, as they understand that the journey to losing weight can be long and fruitless and intensely frustrating and discouraging for many people.

Dr. Surikov begins every weight loss plan by performing a full medical work up of the new patient, to check for underlying causes of weight gain such as thyroid issues or hormonal imbalances that can be treated to assist in the weight loss process. Weight loss is much easier to accomplish when the rest of the body's functions are working properly, and can even be impossible if a person's metabolism is not functioning as it should. This is part of the reason Dr Surikov does a full weight loss study new york ny when he sees a new patient, because he wants his patients to be as successful as possible at losing weight and having healthy, happy lives. After the physical and testing have been performed, Dr Vadim Surikov of Weight Loss Clinic NYC is able to put together an individualized plan for each patient to give them the best possible results. His patients love him for this, another review on Dr Surikov's website from another Diane was especially glad that he took her seriously instead of just telling her to eat less bread like many of the other doctors she had seen.

Anyone interested in learning more about Weight Loss Clinic NYC and Dr Vadim Surikov can contact the clinic or visit their website.

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For more information about Weight Loss Clinic: Dr. Vadim Surikov, contact the company here: [Weight Loss](#)

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Weight Loss Clinic: Dr. Vadim Surikov

Dr. Vadim Surikov is a weight loss doctor in New York, NY who specializes in medical weight loss. His clinic provides weight loss programs that help patients lose weight without hunger. Each patient receives a physical exam before starting the program.

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