

New San Diego Fat Loss Laser Treatment Available in Encinitas

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K2 Health Center, a chiropractic clinic based in Encinitas, California, and a fitness clinic, also based in Encinitas, are happy to announce the Zerona-Z6, an FDA-cleared non-invasive fat loss laser that works by painlessly shrinking and emulsifying fat cells in as little as two weeks is now available at their facility.

Dr. Kupper & Dr. Keener from K2 Health Center stated, "The ERCHONIA® Zerona-Z6 Laser is specially designed for use during non-invasive body contouring (ZERONA®). The Zerona-Z6 Laser is applied externally and has proven through four double-blind clinical trials to emulsify adipose tissue. It is a new body-sculpting procedure designed to target fat and contour the body without invasive surgery. Unlike other procedures, this laser allows the clients to continue their daily activities without interruptions from surgery, pain, wounds or garments."

Shape North County, the fitness clinic, has Zerona Laser Technicians and counselors for those who want to benefit from this non-invasive full body fat loss treatment. This FDA market-cleared method works by emulsifying fatty tissue with the use of cold laser technology. It was originally developed to serve as an adjunct to liposuction to help hasten the recovery process. However, it was discovered later that these cold

laser treatments could serve as a stand-alone procedure as a way to loosen stored intracellular fat.

The Zerona-Z6 laser employs low-level laser stimulation as way to disrupt the membrane of fat cells. The result is the formation of a transitory pore that results in the fatty material seeping out of the cells and moving into the interstitial space that is controlled by the lymphatic system. The overall effect is that the fat cells in the adipose tissue are shrunk rather than killed. Killing fat cells have been found to be harmful to the integrity of tissues.

Contrary to the common belief that fat cells need to be eliminated and killed, fat cells are actually complex and dynamic entities that have an impact on a number of bodily functions. When these fat cells are lean, they can actually support the processes that keep the body lean, helping the body in regulating metabolism and immune systems, which is why it is not really a good idea to kill fat cells.

The impact of the Zerona procedure is an overall body slimming effect that can be utilized to minimize fat in the waist, chest, neck, back, pecs, arms, thighs, ankles, hips, and more. It has also been found that the procedure does not have side effects. Six lasers are applied to the target areas simultaneously while the person is lying on his or her back, after which the procedure is repeated with the person in the prone position. Those who have undergone the 40-minute procedure were able to experience the expected fat loss after as few as six sessions.

The Zerona cold laser technology has been clinically tested and has been shown to be effective for fat loss. This method has been clinically researched using multiple double-blind, randomized, placebo-controlled, multi-site studies. Most clients have lost an average of 3.72 inches from their waist circumference, and also with the thighs and hips. In contrast, the placebo group only lost approximately half an inch.

The Zerona-Z6 has been cleared by the FDA for the treatment of any part of the body. Meanwhile, it should be noted that while it is suitable for anyone who want to lose fat, it is most effective on people who are generally in good health and are committed to the procedure. Patients will be informed by their provider of the results that they can expect and each one will be assigned a particular treatment plan to achieve their specific goal.

Those who are interested in the Zerona Z6 fat loss treatment can visit the K2 Health Center and Shape North County websites or contact them on the phone or through email.

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For more information about K2 Health Center, contact the company here: K2 Health Center Dr. Kupper & Dr. Keener (760) 456-9470 info@k2healthcenter.com 317 N. El Camino Real Suite 110 Encinitas, CA 92024

K2 Health Center

Encinitas chiropractors Dr. Kupper and Dr. Keener are well known as the top pain management doctors in Encinitas. They have helped numerous patients with all sorts of issues including upper back and neck pain.

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