



## **DHEA For Men Now Available On Amazon**

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Olympia, Washington based My2048 nutritional supplement manufacturer, is pleased to announce that Synergized DHEA for Men can now be purchased on Amazon. The company manufactures a variety of products that are meant to enhance users' health and help with the aging process.

Stephen Cherniske, M.S., the biochemist co-founder of My2048, says, "I'm sure you are aware of the blinding pace at which change occurs in the field of health and healing. Every day, hundreds of new studies are published and thousands of articles are written. Millions of people try to make sense of it all, but there is only so much they can do. We're all familiar with GPS—the Global Positioning System. You probably use it every day, because you want to get to your destination using the best route. My2048 and our products are here to serve as your Health Positioning System, so that you can achieve your goal of leading a healthy and happy life. No matter where you are starting from, we can help you arrive at your destination with a stronger, more fit body and a sharper mind."

One of the products offered by My2048 is Synergized DHEA for Men. DHEA (Dehydroepiandrosterone) is a naturally produced hormone created by the adrenal glands and brain. According to My2048, DHEA is considered to be the most comprehensive repair signal in human physiology. Synergized DHEA for Men is a special formulation of DHEA, combined with supporting nutrients such as Alpha Lipoic acid and DIM

(Diindolylmethane) for optimum results.

Cherniske says, "DHEA is the most comprehensive repair signal in the entire body and brain, contributing to more than 150 known repair and rebuild functions. In other words, it shouts "fix it!" to the body. But, as we age, our DHEA levels decrease, becoming a factor in our overall health status. This decline is associated with the degeneration of our physical form and our mental capacity, which is an unfortunate part of the aging process. Research has shown that DHEA supplementation has the ability to restore circulating DHEA concentrations similar to those experienced in younger years, helping to maintain youthful repair capacity and reduce risk for age-related disorders."

Some people who take DHEA supplements start seeing the benefits within a few days, while it may take up to a few weeks for others. According to Cherniske, DHEA is safe enough for the FDA to approve it as an over-the-counter supplement back in 1994.

Stephen Cherniske is famous for having published *The DHEA Breakthrough* more than two decades ago. He is a biochemist and former university instructor in Clinical Nutrition, who also served on the faculty of the American College of Sports Medicine, advised members of the US Olympic team, and directed the nation's first federally licensed clinical laboratory specializing in nutrition and immunology. A best-selling author with more than a million copies in print, Stephen has a remarkable gift for communicating breakthrough science that inspires, entertains and motivates.

In addition to providing Synergized DHEA supplements, My2048 also has a number of other products. These include KYSO, a non-stimulant energy product, DHEA Target Therapy, a high potency DHEA cream for topical use, and MOJO for Dogs, an advanced food supplement for adult dogs to support energy and mobility. In addition to these nutritional supplements, My2048 also sells books written by Stephen Cherniske, including *The Case for DHEA*, *The Metabolic Plan* and *The Metabolic Makeover*

Those who want to learn more about My2048 and the various products and services they offer, including DHEA, can find more information on their official website <https://my2048.com/> . Interested parties are also encouraged to get in touch with Stephen Cherniske directly for further details. In addition to their website, My2048 also maintains a page on Facebook where they frequently post updates, share health tips and communicate with their customers.

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For more information about my2048, contact the company here: my2048 Stephen Cherniske (360) 878-8751 support@my2048.com Altea Health Sciences 1115 West Bay Dr. Suite 202 Olympia WA 98502 (360) 878-8751

## my2048

*Nutritional biochemist, Stephen Cherniske, and Natalie Kather, M.D. are your personal biomedical team! With unmatched research tools, and decades of experience, they'll separate fads from facts, helping you make the best health care decisions.*

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