



Thermopeutic Shares Tips To Speed Up Recovery Without Hip Fracture Surgery

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Las Vegas, Nevada based Thermopeutic, a manufacturer of a variety of products for sports injury recovery, is reaching out to their clients to share advice on how they may use their hip ice pack to prompt rapid recovery without resorting to hip surgery.

Injuries become more of a constant worry rather than an occasional occurrence as one grows older. Any bad movements or slips and falls, even during the most mundane of tasks, can result in days to weeks of intense pain and recovery. Most of these injuries are mild and rarely become more than a minor inconvenience in a person's weekly schedule, provided that they pay enough attention to their body afterwards and endeavor to avoid aggravating the issue. Hip injuries are a good example of this, as the recovery for these injuries relies heavily on rest and proper treatment at an adequate time.

"It seems simple enough to just rest and recover while you are injured, but it is not that easy," states Jim Chao, the co-founder of Thermopeutic. Being an active athlete, Chao understands the nature of these

hardships, and he is personally familiar with the struggles of a long, apparently unfruitful recovery. This motivated him to found Thermopeutic as a way to reach out to fellow athletes and anyone struggling to recover from their injuries. The company's commitment to their clients is evident in their eagerness to share advice, such as the means by which athletes may use the RICE recovery formula to recover from their injuries in conjunction with the company's premium products.

"The Recover, Ice, Compression, and Elevation formula, or RICE, is what I have found to bear the best results in speeding up the recovery from any injury," states Chao, adding that he put together this formula over his career as an athlete. It is based on his personal experience, medical advice, and other athlete's experiences.

The RICE formula combines the most common advice that one receives after sustaining an injury in order to ensure the best results possible in a timely manner. At the center of the formula, Thermapeutic says, is rest, the most fundamental aspect of the recovery process. It is the key to prompt recovery.

They advise that athletes take at least 48 hours of complete rest after an injury, depending on the extent of the damage. This rest should be complemented by the use of ice compression packs, which should help reduce inflammation in the area and reduce soreness and pain. If possible, they also advise their clients to elevate the affected area in order to help reduce any swelling.

Thermopeutic's ice packs are designed specifically to aid recovery in these situations, as they are equipped to complement the RICE formula, offering convenience and comfort to their users. Their gel formula maintains cold temperatures for longer periods than other cold packs and, unlike products made by the company's peers, Thermopeutic's solution comes with straps to aid with compression of the area, subsequently aiding the recovery of the patient.

The quality of Thermopeutic's products is attested to in several of the company's customer reviews on their Amazon page, which speaks of how the company's ice packs can aid recovery without hip surgery, hastening the process and reducing any hassle and inconvenience. One customer shares that the product, "My wife have a hip surgery, doctor recommends to apply the ice pack to help the swollen. She used on hip, thigh and knee. This product works very well. After freezing it is still very soft, temperature not icy cold. The fabric is very soft and comfortable, you can apply directly to the skin. We have tried other products, after freezing they become very hard and icy cold, we need to wrap it with towel before applying to skin. The strap really helps to secure it in place. After using this product we like it so much, we bought one more as a gift to our friend she has a back pain, she loves it!"

The company's website includes more information on Thermoapeutic's ice packs as well as a list of the company's other injury recovery products. Interested parties may voice their inquiries through the company's Amazon page.

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For more information about Thermoapeutic, contact the company here: ThermoapeuticJimmy702-637-4699support@zenfreshllc.com 848 N. RAINBOW BLVD. #4789 LAS VEGAS, NV 89107

Thermoapeutic

To create a line of high quality cold therapy products that will improve people's lives. Our goal is to build a base of happy customers that will refer and sustain our operation so we can continue to over deliver on high quality cold therapy products.

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