

Red Tail Wellness Centers Offers Neurofeedback Therapy To More Patients

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Boulder, Colorado-based Red Tail Wellness Centers has expanded its services in order to treat more patients with Neurofeedback, a revolutionary and non-invasive approach to treating neurological disorders. This will enable them to continue treating their existing patients as well as help new patients who wish to discover how Neurofeedback, done correctly with a licensed practitioner, can help them or their family members.

A spokesperson for Red Tail Wellness Centers says, "Neurofeedback can be used to treat many of the most common issues people are experiencing, particularly when they are stressed and not even aware of how they are being affected. From insomnia to ADHD, weight gain to depression, neurofeedback can help as a complementary therapy in conjunction with one of our clinicians." Many people are turning to alternative therapies to treat their health conditions. In light of this, however, the clinic advises that patients never stop taking medication or any other treatment without agreeing on a personalized treatment plan with their doctor.

Dr. Ian Hollaman, an IFM Certified Practitioner who leads the clinic, explains, "Effective Neurofeedback can pick up on the irregular brain wave patterns. These trigger patterns an audio or visual cue that alerts the patient that they are outside normal brain wave ranges. When these cues are received by the brain, it subconsciously adjusts itself back to a normal pattern to resume the movie or music which is used as part of the training. With enough repetition of this process, each of our patients benefit as their brain eventually learns to stay in the normal ranges on its own without the computer. With the brain functioning normally on its own, symptoms of irregular brain activity will decline as well."

Patients can expect results within 30 days. However, this is also dependent on their particular condition and its severity. Dr. Hollaman states that, in general, 20-40 sessions are needed for the results to become permanent, with noticeable results typically occurring between the first and the tenth session. The clinic always seeks to help patients understand how to succeed in following their detailed instructions on dietary and lifestyle changes, which are necessary to help engage the body's natural ability to heal itself.

To assist patients to understand their progress, the clinic can generate a brain map, which is a visual

representation of their progress, using software designed to target specific areas of the patient's brain according to their symptoms. In a review available through the facility's website, Anne, a patient at the clinic says, "When I had my first brain map done, I was surprised that the results reflected my personality so thoroughly. The map showed that the front areas of my brain were in overdrive. This area was hyperactive, never relaxing and over-emotional. No wonder I was not sleeping. My brain never turned off. This explained my tendency to overreact to situations and feel overwhelmed when confronted with setbacks in my life. The back areas of my brain, however, were depressed. These are the memory areas."

Anne goes on to describe the benefits she noticed, saying, "The first benefit I have experienced with Neurofeedback is the feeling of being in control again." She adds, "The second benefit I experienced right away is that I started to sleep better. That has made a huge difference in my tendency to overreact to situations. I am no longer as fuzzy-brained or over-emotional." Dr. Hollaman is qualified to treat a wide range of disorders, including ADD & ADHD, Autism Spectrum Disorder, Autoimmune Disease, Back Pain, Chronic Pain, and many other health conditions and metabolic disorders which would benefit from Neurofeedback treatments.

Anyone who would like to read more about the amazing results the clinic's patients have achieved with Neurofeedback can find more testimonials on their website. Similarly, they may follow Red Tail Wellness on Yelp and read the reviews shared there. This revolutionary therapy will continue to grow in popularity through the next decade and beyond.

<https://www.youtube.com/embed/Vmtzi2qdmXc>

Those who wish to find out how Neurofeedback can help with their health condition can request an appointment online or call the clinic directly to schedule an initial exam. More information about the health conditions the clinic can treat and the therapies they offer can be found on their website. Those active on Facebook are invited to follow the organization there to stay abreast of their latest news, blog publications and other announcements.

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For more information about Red Tail Wellness, contact the company here: Red Tail Wellness
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Red Tail Wellness

At Red Tail Wellness, we have a passion for using the most modern forms of health-care including Functional Medicine,

Applied Kinesiology, Thyroid Care, and Chiropractic.

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