



Thermopeutic Offers Tips for Hip Labrum Surgery Recovery Through the Use of Ice Packs

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Thermopeutic, a business based in Las Vegas, Nevada, has announced that they are offering tips on hip labrum surgery recovery tips through the use of ice packs. A hip labral tear involves the labrum, which is a ring of cartilage located on the outside rim of the socket of the hip joint. The labrum's function is to help hold the ball at the top of the thighbone securely inside the hip socket. A hip labral tear is sometimes experienced by athletes in certain sports, such as soccer, ice hockey, golf, football, and even ballet. Treatment of this condition usually requires surgery and using an ice pack after the surgery can reduce the pain, inflammation, and swelling.

Meanwhile, Thermopeutic offers a wearable product that can be used as ice packs for hip surgery. It has two high quality neoprene straps with velcro to make it easy to wrap around a particular area of the body, such as the hips, and keep it in place without having to suffer the inconvenience of having to hold the ice pack. This is a multi-purpose ice pack, which means it can be used for all body parts, such as the hips, back, lower back, shoulders, knees, neck, foot, ankle, face, eyes, and more. They would like to suggest that people get two or more of the ice packs so that at least one can stay in the freezer while the other one is being used.

Howard Shen, co-founder of Thermoapeutic, says, "Our company's mission is to create a line of high quality cold therapy products that will improve people's lives. We weren't really impressed with any ice packs out there, which is why we decided to launch our own ice packs that have more gel and stay cold longer while also providing maximum compression."

Cold therapy or the use of ice packs can help control the pain after surgery because the cold temperature acts to constrict the blood vessels. This decreases the blood flow in that particular area, which substantially decreases the swelling and inflammation. This is because the reduced blood flow also decreases the amount of cytokines that get into the injured area. Cytokines are chemical messengers that cause the blood vessels within the area to release fluid into the surrounding tissues, which causes the swelling. With the reduced number of cytokines, there would be minimal swelling and pain.

People who have already tried the Thermoapeutic Reusable Ice Pack have had many good things to say about it. For instance, Aro gave the product a five star rating and said, "This product is just what I needed. Upon receiving this, I could see it was well made with thoughtful design. I have bursitis in both hips. A cold pack seems to relieve it, however finding one that will fit around a hip and stay in place has been very difficult. After freezing the pack, I strapped it to my hip and it was amazing. I didn't have to hold it in place, I could even get up and walk around if I needed to, while the pack remained in place. [...] The cold lasted the entire time of recommended use. I'm sold! Answer to my prayers!?"

Another customer also gave the reusable ice pack a five star rating and said, "I bought this product for use on my hip for trochanteric bursitis. It straps on to my hip securely which allows me to go about my business at home rather than have to sit while I am applying the cold relief I need. One of the other great benefits is that the pack can be heated up which is also supposed to be beneficial for my condition. This is definitely my go to product for Hot/Cold Therapy!?"

The company was established after one of the founders suffered an ankle sprain. The pain was really bad and when they were looking for ice packs available on the market, he realized that the available products were not really that satisfactory. After his recovery, he decided to come with a design for cold therapy packs that would work better and that gave birth to the Thermoapeutic Reusable Ice Pack.

Those who would like to learn more about the Thermoapeutic Reusable Ice Pack can visit their website or their Amazon page, or contact them through the phone or via email.

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For more information about Thermopeutic, contact the company
here:ThermopeuticJimmy702-637-4699support@zenfreshllc.com848 N. RAINBOW BLVD. #4789LAS
VEGAS, NV 89107

Thermopeutic

To create a line of high quality cold therapy products that will improve people?s lives. Our goal is to build a base of happy customers that will refer and sustain our operation so we can continue to over deliver on high quality cold therapy products.

Website: <https://www.thermopeutic.net>

Email: support@zenfreshllc.com

Phone: 702-637-4699?



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