

New 200 hr. Bali Yoga Teacher Training Courses in Ubud Are Now Open For Registration

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In the latest Bali yoga teacher training news, a yoga teacher training studio in Ubud, Bali now has 200 hour Yoga Teacher Training courses available for registration. Blooming Lotus Yoga, one of Bali's unique yoga retreat centers, is currently accepting applications for courses beginning in April and August of 2020. These courses are full yoga teacher training courses that certify successful students for teaching in yoga studios around the world. The three week course includes hours of classes each day, and students are also provided with accommodations and vegan meals throughout the program. It is a gorgeous location to learn more about yoga and train to become a yoga teacher, and the program provided by Blooming Lotus Yoga is among the best. Students get to live in luxurious villas with other dedicated students, and enjoy the energy of the river and temple, locally regarded by the Balinese as holy and powerful places.

Yoga courses at Blooming Lotus Yoga, both for teachers and for less experienced students, focus on a goal of spiritual Self-realization. They focus on providing yoga teacher training courses that are steeped in ancient tradition and esoteric knowledge, allowing students to experience authentic yoga and explore the essence of meditation, pranayama, asanas, mantra, tantra, vedanta, ayurveda, vedic astrology, yoga nidra, mudras, bandhas, chakras, kriyas, and self-inquiry. The courses teach both the physical aspects of yoga as a practice

of movement, as well as deepening student?s understanding of the spiritual practice of yoga, and preparing

them to share their beliefs and their yoga practice with students and others they encounter in their lives.

Interested parties are encouraged to learn more about this yoga teacher training in Bali on Facebook.

Applications to the yoga teacher courses are open to anyone with at least 2 years of dedicated yoga

experience, or a year of yoga and training in meditation or another spiritual healing practice. Because being a

good yoga teacher requires life experience in addition to a strong yoga asana practice, Blooming Lotus Yoga

retreat requires that all students be at least 21 years of age, and have matured into their yoga practices

before beginning training to teach others. The program is selective, as they can only accept 26 students for

each course and often have over 100 applications. It is also intense, physically, spiritually, and emotionally,

and they encourage their applicants to fully understand what they are applying for before beginning this

process.

What they can expect if they are accepted is an amazing experience and a deepened understanding of their

yoga practice. One prior attendee left a glowing review of the program on TripAdvsor, writing: ?I could write a

few pages about the incredible spiritual experience I had during this retreat. But since most would not like to

read in such length, I will keep it clear & process. The resort is gorgeous, the staff are beautiful souls

that take care of all your needs with a smile on their face (even during urgent matters) and the food is

incredible, possibly best I had during my entire trip. Blooming Lotus Yoga itself was nothing short of a perfect

spiritual journey. Bindi and Stacy are incredibly enlightened souls who guide you on your yoga, meditation,

healthy lifestyle and just simple ways to get in tune with your own soul. I would love to follow their guidance

many more times. In summary, this was the best thing I have done for myself to date and I highly recommend

it to anyone and everyone.?

The yoga teacher training certification course costs \$2000 for the certification and \$1470 for food and

accommodations, for a total of \$3470 for the 23-day course. More information can be found about Blooming

Lotus Yoga Teacher Training on Youtube, as well as on their website or by contacting the organization.

Blooming Lotus Yoga School?s teacher training programs are registered with the Yoga Alliance, and all

qualified students will receive a Yoga Alliance registered Teacher Training Certificate upon successful

completion of the course.

To learn more: https://www.blooming-lotus-yoga.com

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For more information about Blooming Lotus Yoga, contact the company here:Blooming Lotus YogaAngela (021) 29553600community@blooming-lotus-yoga.comBr. Mawang Kaja, Lodtunduh, Ubud, Bali 80571

Blooming Lotus Yoga

Blooming Lotus Yoga offers yoga teacher training, meditation and yoga retreats in Bali

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