



PINNACLE

TREATMENT CENTERS

Recovery Executive Podcast Features Pinnacle Treatment Centers Chief Clinical Officer Dr. Lori Ryland

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Pinnacle Treatment Centers, based in Mt. Laurel Township, New Jersey, has announced that Pinnacle's Chief Clinical Officer Dr. Lori Ryland has been featured in the Recovery Executive Podcast. Dr Ryland discussed how they have been delivering good clinical care across a large number of facilities, numbering more than 80 facilities, with several clinicians per facility. She also discussed the benefits of skills-based therapy for the patients.

Dr. Lori Ryland says, "Addiction affects the patient's mind, body, and spirit. Our expert team of doctors, nurses, and clinicians helps patients discover the root causes of their substance use. We collaborate with patients to create a treatment plan that gives them the best chance of healing on all levels. We find a combination of data-driven, evidence-based techniques that works for the patient in the here and now. And everything we do today prepares the patient for lifelong, sustained recovery. Our staff are chosen carefully to ensure that they are aligned with our philosophy and know the importance of skills-based therapies as opposed to just psychoeducation."

Dr. Ryland discusses the details of the training programs that their clinicians and clinical directors have to

undergo, particularly when they are still new. Pinnacle Treatment Centers provides state-of-the-art, evidence-based treatment of addiction. They establish partnerships with all communities and people who require help in overcoming addiction. It has locations in urban, suburban and urban areas and they operate treatment facilities in low-income communities, high-income communities, and everywhere in between.

The most common substance use disorders that are treated in the facilities are alcohol abuse, opioid abuse, illicit drug use disorders, and co-occurring mental health disorders. When treating opioid abuse, the most effective strategies include medically-assisted treatment (MAT), a combination of therapy and counseling, and community support. They use a comprehensive range of MAT programs in combination with group therapy, individual counseling, and community groups such as Narcotics Anonymous. With regards to alcoholism, they have been developing customized treatment plans that can help patients get on their way to long-term recovery and abstinence.

Meanwhile, treatment programs have also been designed for people who use illicit drugs, like stimulants, marijuana, heroin, cocaine, amphetamine, methamphetamine, sedatives, hallucinogens, inhalants, tranquilizers, and psychotherapeutic medications.

And most difficult of all is the co-occurring mental health disorder, which is the presence of mental health problems in people who have substance or alcohol use disorders. It could be that the substance abuse or alcoholism came first and led to depression and anxiety, or it could also be the other way around. Whatever came first, the combination represents a special challenge for the clinicians. What they may do is assist patients in discovering the main cause of their drug abuse disorder or alcoholism. Afterwards, when the patient has already achieved a period of sobriety, abstinence, and stabilization, the clinicians will try to identify and treat any mental health issues that remain after the dependence on the substances of abuse has been removed.

Pinnacle Treatment Centers has evolved into a complete continuum of community-based care and is currently one of the leading providers of quality treatment for substance and alcohol use disorders in the US. Their programs include medically monitored detoxification, partial hospitalization treatment, residential treatment, intensive patient treatment, and outpatient treatment. They provide MAT across all levels of care, with office-based opioid treatment available in a number of locations. They serve more than 16,500 patients each day at 65 locations in six states, including Virginia, New Jersey, Pennsylvania, Kentucky, Ohio, and Indiana.

Meanwhile, the leadership team at Pinnacle Treatment Centers have a combined experience of over 100 years of providing the best quality of care to patients. The team members come from different walks of life, with some being medical doctors while others are clinicians, business managers, marketers, financial experts, and more.

People who are interested in learning more about the treatment services provided by the Pinnacle Treatment Centers can check out their website or contact them on the telephone or via email.

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For more information about Pinnacle Treatment Centers, contact the company here: Pinnacle Treatment Centers
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Pinnacle Treatment Centers

Over 10000 people recovering daily through proven outpatient and inpatient addiction rehab programs. With locations in KY, IN, OH, NJ, PA, VA. Accredited.

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