



## **Leading Northbrook Dentist Recommends Checking Insurance Details For Dental Benefits**

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The Northbrook Dentist Office, based in Northbrook, Illinois, advises everyone to check their dental benefits across all their insurance policies to ensure that they make the most of them before they expire. At this time of year, many people experience pain due to sudden cold from the weather or even sipping hot food. Rather than putting off a visit to the dentist and risk making it worse, the practice recommends that patients call in to have staff check their insurance details in order to maximize their benefits.

Dr. Steven Kacel, who leads the dental practice, says, "We know that many people who put off going to the dentist are scared to call in, but we want them to know that we are here to help. We have been serving Northbrook, Deerfield, Highland Park as well as surrounding their communities for over 30 years. We know that poor oral health care practices can wreak havoc with your teeth and mouth, so come in and let us help you achieve the beautiful smile you deserve. We hope many patients, current and newcomers alike, will take advantage of our current offer: \$100 off teeth whitening services of their choice. Just give us a call to schedule it."

The practice provides a full range of family-oriented services and publishes informative articles that

encourage people to take care of their teeth. Along with general and emergency dental services, they have state of the art technology that can take digital x-rays as well as CariVu Infrared Cavity detection capabilities. They provide oral hygiene and cleaning services along with teeth whitening and other cosmetic dentistry services, including Porcelain Veneers, Cosmetic Bonding, Implants, All Porcelain Crowns and Bridges, as well as Dentures and partial Dentures. They were named one of the Top 10 Invisalign Dentists for 2019 as well.

They have received many customer reviews across multiple online review sites, which they often make available through the Northbrook Dentist Office Facebook page, along with their other news and announcements. They recently published a review by Ginger H. from the SuperPages site that gave them top marks. The review says, "Dr. Kacel and the staff have always been very kind to me and my family's experience, even if you are having a crown! Bonnie also gets 5 Stars but you couldn't click on two names so I am putting her highest rating down right here!?"

Through their Facebook page, they recently shared a blog post about the importance of brushing and regular flossing. Those who want to keep tooth decay and cavities at bay can help themselves through frequent flossing sessions, according to the post. In addition, they should see their dentist twice a year for their check-up as well as to have their teeth cleaned. This helps ensure plaque is removed properly.

Many people are not aware that the Northbrook Dentist Office can also help them with sleep issues, including snoring and sleep apnea. Sleep apnea can be a serious condition, causing symptoms ranging from an inability to concentrate, slowed reflexes and drowsiness. These conditions can, in turn, increase the risk of accidents and even heart attacks.

It is estimated that almost 75% of Americans have a fear of the dentist, and parents are passing on their own fears to their children without realizing it. That is one of the reasons that the Northbrook Dentist Office publishes informative articles through the blog on their website. Similarly, reading reviews from other patients who have enjoyed the clinic's services may help those who want to have the best experience possible understand what a difference the practice makes.

A recent 5-Star SuperPages review from a patient identified as Jackie says, "Everyone is interested in helping you and making you comfortable. I always have a good experience when I go to Dr. Kacel's office." From Health Grades, another patient says in their 5-Star review that, "Rosemary was awesome and I'll be back sooner for my next cleaning thanks to her professionalism and kindness!?"

Those who want to take advantage of the Special Offer for \$100 off teeth whitening are advised to visit the

website at <https://northbrookdentistoffice.com/> and call directly to make an appointment. All are invited to follow Northbrook Dentist Office on Facebook to stay up to date with their blog posts, news and other announcements.

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For more information about Northbrook Dentist Office , contact the company here:Northbrook Dentist Office  
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## **Northbrook Dentist Office**

*Our Northbrook dental facility is state of the art, providing high level services to individuals of all means. Dr. Kacel D.D.S., M.A.G.D., F.A.D.I, is a specialized dental provider and has been serving patients throughout the community for 33 years.*

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