Phuket-based Alternative Cancer Care Center Offers Exercise With Oxygen Therapy

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A Thai healing center now offers exercise with oxygen therapy (EWOT) as part of its holistic cancer therapies. The LifeCo Clinic supports cancer patients through a three-step treatment program anchored on integrative oncology.

Phuket, Thailand ? Cancer patients in a Thai healing center can now opt to harness the full impact of exercise. The LifeCo Clinic, a Phuket-based alternative cancer care center, now offers exercise with oxygen therapy (EWOT) as part of its integrative oncology program.

EWOT is a therapy that involves breathing in supplemental oxygen while exercising. The exercise can be in a treadmill, elliptical or stationary bike. EWOT benefits can include improved metabolism, athletic performance and mental clarity. It can also help reduce inflammation and aid treatment for certain conditions like high blood pressure or emphysema.

At The LifeCo Clinic, EWOT is part of a holistic cancer treatment program. It can help create an ?oxygen-rich? environment in a cancer patient?s body. This is important because cancer cells can thrive in

oxygen-depleted conditions. EWOT can help strengthen a patient?s immune system and boost their energy levels, both of which can be beneficial in the healing process.

According to Dr. Thomas Lodi, integrative oncology expert and chief consultant for the clinic, EWOT is part of the healing center?s adjunct therapies. These are therapies that can detoxify the body. ?We believe that deep cleansing is essential for healing to truly begin,? he said. Other adjunct therapies offered by the clinic include colon hydrotherapy, BEMER, coffee enema, wheatgrass and probiotic enema, electro lymphatic therapy and massage therapies.

The LifeCo Clinic?s approach to cancer treatment is anchored on a three-step treatment journey.

The first stage is cleansing the damaged body through a deep detoxification program. Aside from adjunct therapies, patients are also encouraged to undergo mindfulness and spiritual activities that help change the body?s biochemistry.

The second stage is targeting cancer cells without harming healthy cells. This is done through botanically based metabolic therapies. The final stage in the process is to strengthen and ?reawaken? the immune system so that the body is no longer a fit host for cancer and other diseases.

Dr. Lodi added, ?Integrative oncology means we take different healing modalities and bring them together to make them work in the most effective way possible for each patient. Our program doesn?t focus on attacking cancer cells using aggressive therapies because in the end, it is also the patient who suffers. Instead, they come here to go on a guided healing journey to achieve lasting health and holistic wellness.?

To learn more about exercise with oxygen therapy benefits and the center?s other holistic therapies, visit The LifeCo Clinic?s website to schedule a free Skype consultation or check out their YouTube channel.

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The LifeCo Clinic

The LifeCo Clinic which is an alternative cancer treatment center provides an environment that is conducive to healing both the body and the mind.

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