

# Tucson Wellness Services Announces Opening with Open House to Be Held on January 17th

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A naturopathic clinic, based in Tucson, Arizona, has announced their opening with an open house to be held on January 17th, 2020 at 1601 N Tucson Blvd Suite 37 in Tucson. The open house will be held from 4:00 pm to 7:00 pm and will feature a talk by Dr. Edward Shabez on "Detoxification for All" at 6:00 pm. Dr. Shabez is a naturopathic physician whose approach to medicine is to help patients understand how the various organ systems are interconnected. He points out that when one part of the body is not functioning properly, there is a cascading effect throughout the body. He believes that understanding the relationships between the various organs and how to bring about balance is the key to getting back optimal health.

Dr. Shabez explains, "The current medical approach addresses one organ system and ignores the downstream effects on the rest of the body and what appears to be a long list of unrelated symptoms. Issues that are especially responsive to this approach are: endocrine dysfunction (diabetes and thyroid dysfunction), heart disease, gastrointestinal issues, weight loss, insomnia, neurological concerns, and immune system dysfunction. We utilize a variety of treatment modalities in an effort to find the optimal combination of therapies that help an individual bring balance to their body. That is why we are happy to announce that we are ready to serve people who want to achieve optimal health."

Tucson Biological Wellness offers preventative and restorative therapy services. Dr. Shabez points out that there are a number of possible areas of dysfunction in the body. These include adrenal function, cardiovascular disease, autoimmune diseases, gastrointestinal dysfunctions, diabetes, hormone imbalances, inflammation, immune system dysfunction, pain, neurotransmitter imbalances, thyroid dysfunction, and structural imbalances.

Dr. Shabez believes that, in general, there is a specific order that has to be followed in bringing back balance to the body. The larger the number of signs and symptoms of dysfunction in the body, the more it is necessary to move in small steps to restore the body's optimal health. He points out that this is the reason why most treatments have resulted in limited success. If the wrong order or treatment is followed, this will result in missing an important step, resulting in the failure to bridge the interconnecting systems that help in

the recovery. The various treatments that may be needed include nutrition and supplementation, physical medicine, lifestyle changes, prescription medicines, herbal formulas, and acupuncture. And at Tucson Biological Wellness, they also offer other modalities, such as IV therapy.

Dr. Shabez explains that the process that he follows has a number of steps. First, he gathers information through investigative testing and extensive medical history taking. He also uses advanced blood testing that takes into account a wide array of blood markers, neurotransmitters, hormones, and genetic markers. The lab results are examined more closely, looking for interrelationships and patterns. After the gathering of information, he determines the restorative therapies to be used to bring those dysfunctional system back into balance. He wants to stress that the restorative therapy that they provide is designed to treat people and not the signs and symptoms. He explains that a typical therapeutic approach would be to optimize thyroid function, ensure proper nutrition, address digestion and absorption issues, minimize the impact of cortisol dysfunction, and optimize hormonal balance. During the process, they will also assess for any structural imbalances and treat inflammation throughout the body.

And once the balance has been restored, Dr. Shabez implements a preventative therapy process that will make sure the body will continue on its healthy path. The good news is that once the body has achieved optimal health, it is much easier to keep it there. If the body is really healthy and in balance, it will tend to remain healthy and it is capable of resisting and overcoming influences that can negatively affect one's health.

Those who are looking for a Tucson wellness center can check out the Tucson Biological Wellness website or contact them on the telephone or through email.

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For more information about Tucson Biological Wellness, contact the company here: Tucson Biological Wellness Dr. Jeanne Anne Krizman (520) 900-1808 wellness@tucsonbio.com 1601 N Tucson Blvd Suite 37 Tucson, AZ 85716

## **Tucson Biological Wellness**

*Tucson Biological Wellness provides preventative and restorative therapies for Tucson residents. We offer IV therapies, detoxification, pain management, hyperbaric oxygen, infrared sauna, HOCATT and red light therapy.*

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