



National Labrador Retriever Day Celebrated at TheWoofBook.Com

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Laguna Niguel, CA - As part of its ongoing series of National Dog Breed Day celebrations, TheWoofBook.com announces January 8th as National Labrador Retriever Day. America's most popular dog breed, Labrador Retrievers are friendly, outgoing and active animals, characteristics which make them perfect for families looking for a medium to large size dog.

Mallory Lakhota, Breed Ambassador for TheWoofBook.com, says, "Because labs are so easy going in their personalities, many people think they are a low energy pet. Nothing could be more wrong! These dogs have energy to spare!"

Because of their athletic nature, Labs need exercise. Lakhota cautions, "While Labrador Retrievers make great family pets, this is a breed that requires lots of exercise, such as long sessions of fetch the ball or swimming. This level of activity is important to keep them in the best physical and mental shape."

Sturdy, well built dogs, Labs stand from 21.5 to 24.5 inches at the shoulder, depending on the sex, and weigh in from between 55 and 80 pounds. Strikingly beautiful, Labs come in three color coats: yellow, black and deep chocolate. Unlike some breeds who form a deep connection with a single family member, Labs will bond with the entire family and easily socialize with other dogs.

The Labrador Retriever breed, along with all the dog breeds recognized by the American Kennel Club has its own group at TheWoofBook.com. Lab owners and lovers can join this group or dog groups of their choice by going to <https://thewoofbook.com/groups/LabradorRetreivers>.

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