# Gourmante Natural Vitamin E Oil Launched

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Gourmante, based in Athens, Greece, has announced that they have launched the Gourmante Natural Vitamin E Oil, which is a new product in their beauty category. This product will be available both on the Gourmante Health website and on Amazon.com. The product is pure vitamin E oil and can be used for the skin, hair and nails. It can be used as a daily body moisturizer, as a natural SPF, to repair damaged skin, to treat dry scalp, and to prevent splitting nails, lips, and cuticles.

Dimitrios Paraskevopoulos, Founder & CEO of Gourmante, says, ?We?re happy to announce the launch of our new product, which is natural vitamin E oil. Vitamin E is the name of a group of compounds that are required by the body for various functions - to help keep a strong immune system, and for important cellular and metabolic functions. Vitamin E also has antioxidant properties that protect our cells from damage related to aging and environmental factors. We get the majority of our daily required vitamin E from foods like vegetable oils, nuts, seeds and leafy greens, but Vitamin E can also be found in popular skincare products used for its potential benefits for skin, hair and nails.?

It has been observed that Vitamin E may be able to boost the effectiveness of skin moisturizers. As long as

people don?t have an allergic reaction to vitamin E, they can use it as a moisturizer to provide them a number of benefits. Research studies have shown that a well-moisturized skin may prevent dry skin and itchiness. It is recommended that people mix one to two drops of the Gourmante Natural Vitamin E Oil into their daily body moisturizer. People may use this in the morning and in the evening to deeply moisturize, rejuvenate, and protect the skin. For those who are not sure if they are allergic to vitamin E, it may be advisable to put some of it on a small area of the skin and wait for a few hours and be alert for any redness. Those who want to know more may want to follow Gourmante Health on Facebook.

Gourmante Natural Vitamin E Oil may also be mixed with vitamin C to serve as a natural form of skin protection from the sun. It has been found that this combination can serve as an antioxidant, preventing cellular damage from the sun and other environmental factors. And for skin that has already been damaged, some dermatologists recommend the use of topical vitamin E to moisturize and improve the appearance of previously damaged skin.

Studies have also shown that pure vitamin E oil may be able to help in increasing circulation to the scalp to strengthen hair follicles and prevent dry and brittle hair. For this application, one to two drops of Gourmante Natural Vitamin E Oil can be applied to the scalp and then massaged gently.

And finally, pure vitamin E oil may help during the winter months when the lips and nails crack due to colder temperatures and too much hand washing. Massaging a few drops of vitamin E oil on the lips, cuticles, and nails may help in keeping them moist and thus avoid cracking.

The Gourmante Natural Vitamin E Oil is assured to be non-GMO, vegan and paraben-free, with high bioavailability. It is also important to note that this natural vitamin E is derived exclusively from soybean oil. As such, it is able to deliver at least twice the effect provided by synthetic vitamin E, which is derived from petrochemicals. It should be noted that natural vitamin E is listed as d alpha-tocopherol in the ingredients while synthetic vitamin E is listed as dl alpha-tocopheryl.

Gourmante products are developed in partnership with a Greek pharmaceutical and research company and are therefore supported by strong scientific evidence. Those who are interested in using vitamin E oil for skincare and other applications may want to check out the Gourmante Health website or contact them on the phone or through email.

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# Gourmante

*Gourmante's mission is to promote the healthy Mediterranean Lifestyle, offering authentic, high quality, natural & safe products to help people live healthier, happier & longer.*

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