

Gourmante Mediterranean Olive Fruit & Leaf Extract Introduced

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Gourmante, based in Athens, Greece, has announced the launching of the Gourmante Mediterranean Olive Fruit & Leaf Extracts for Heart Care herbal food supplement. This particular product will initially be available exclusively on the Gourmante website. This is a new product in the Mediterranean Herbal Food Supplements category. It is derived from all-natural and carefully chosen olives and olive leaves from the olive groves in Tuscany and the island of Sicily in Italy. The olives and olive leaves are processed in a specialized factory to be able to extract their polyphenol content through environmentally friendly methods.

Dimitrios Paraskevopoulos, Founder & CEO of Gourmante, says, ?We?re excited to announce the launch of the Gourmante Mediterranean Olive Fruit & Leaf Extracts for Heart Care herbal food supplement. This is a vital product for heart health because olive oil polyphenols have been found to maintain normal HDL cholesterol levels, normal blood pressure and possess anti-inflammatory properties. Numerous research studies indicate that olive oil polyphenols also may play a significant role in fighting several other serious diseases, like for example certain types of cancer & Alzheimer's disease.?

The Gourmante Mediterranean Olive Fruit & Leaf Extracts contain QH-2?, which is an innovative proprietary synergistic complex derived from Mediterranean Olea europaea fruit and leaf standardized dry extracts. The result is a product containing biologically enhanced polyphenols from olives and olive leaves. These polyphenols are rich in hydroxytyrosol, which has been approved by the European Food Safety Authority (EFSA) for heart and coronary health. They also contain a substantial amounts of tyrosol and other phenolics, which have been found to have antioxidant properties, protecting body cells and LDL from oxidative damage. More about this product can be gleaned by those who follow Gourmante Health on Instagram.

The Gourmante Mediterranean Olive Fruit & Leaf Extracts is authentic Mediterranean as it is derived from high-quality raw materials in Italy, which is the highest consumer of food supplements in Europe and the leader when it comes to knowledge on the production of such products. The daily dosage of one capsule is standardized and safe and has been found to provide the same health benefits as two tablespoons of high phenolic content olive oil. Furthermore, this product has zero calories, is made with non-GMO ingredients, and is considered to be vegetarian. They are contained in easy to swallow capsules that have been ensured not to contain gluten, sugar, lactose or preservatives.

The Gourmante Mediterranean Olive Fruit & Leaf Extracts is one of the products developed by the Gourmante team, in partnership with a Greek pharmaceutical and research company, to combat the problem of cardiovascular disease (CVD), which is the top global cause of death. Experts believe that 90 percent of CVD is preventable. The most common cause of CVD is the narrowing and eventual blockage of blood vessels. This is a process known as atherosclerosis and is the result of the build-up of fatty deposits in the lining of the blood vessels.

The Mediterranean diet, particularly olive tree products, has been found to be rich in polyphenolic compounds that have anti-inflammatory and free radical-scavenging properties. The EFSA has confirmed that a daily intake of 5 mg of olive oil polyphenols may result in the protection of blood lipids from oxidative stress. Meanwhile, the EU commission has also approved a relevant health claim.

The unique mechanism of the Gourmante Mediterranean Olive Fruit & Leaf Extracts is through the QH-2? complex, which is an optimal combination of natural bioactive polyphenols of the Mediterranean olive fruit, olive oil, and olive leaves. This product has a high concentration of hydroxytyrosol, tyrosol, verbascosides, oleuropein, and other similar compounds in an adequate ratio that provides them with higher efficacy and activity.

Gourmante products are developed in partnership with a Greek pharmaceutical and research company and are therefore supported by strong scientific evidence. Those who are interested in the Gourmante Mediterranean Olive Fruit & Leaf Extracts can visit the Gourmante Health website or contact them on the phone or via email.

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Gourmante

Gourmante's mission is to promote the healthy Mediterranean Lifestyle, offering authentic, high quality, natural & safe products to help people live healthier, happier & longer.

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