

# Brain Training Specialists Announce Life-Changing Neurofeedback Greenville Success

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Greenville Brain Training, a South Carolina based Brain Core Therapy specialist clinic, is very pleased to announce a remarkable and life-changing success for one of its patients.

Michelle Markovic said in an online review, "My husband has struggled for years with the inability to stay focused and on task. Brain Core Therapy has made a remarkable difference. His confidence in completing everyday tasks and interactions has soared. His focus has improved tremendously, and I am so happy to hear him say that it is like "a light turned on" inside of him. Thank you to everyone at Greenville Brain Training for helping my husband to be the best version of himself!"

For the brain to function at its very best it needs a mixture of both healthy fast-moving and healthy slow-moving brainwave activity. When this healthy mixture of activity is not occurring naturally neurofeedback can be used to help rectify the unhealthy imbalance. Brain Core Therapy utilizes neurofeedback which uses modern technology to change the electrical activity within the brain. It is a type of non-invasive drug-free treatment that helps to improve the unwanted symptoms through biofeedback.

When a patient has ADHD, one theory is that they are suffering from brainwave dysregulation, which essentially means that the brain is excessively active when it should be calm or under-stimulated when it should be focused. Brain Core Therapy uses neurofeedback adhd which can help the brain learn to regulate itself more effectively.

The treatments that Greenville Brain Training is offering are used to help people with Alzheimer's or any other form of dementia. In addition, anxiety, depression, autism, Asperger's, migraines, fibromyalgia, and even insomnia can all benefit from these training methods. Patients with many of those challenges have also posted online reviews about the success they have achieved through treatments received at the clinic.

Brain training is not only used to treat a particular disorder, however, it is also used to help people achieve their full potential. Neurofeedback is used by organizations from the US Special Forces to Formula 1 drivers to help individuals to perform at their absolute best.

Dr. Jojo Yonce, one of the doctors at Greenville Brain Training, said that his first patient for Neurofeedback and brain training was his daughter who had been diagnosed with ADHD. "I was not happy with any of the treatment suggestions that Western medicine was offering, and so we tried Neurofeedback. After eight sessions we saw a marked improvement in our daughter. Eventually, we saw that the changes were permanent."

"Initially we focused on helping children," he continued. "Over time the research in the field continued, and there was a discovery of something called neuroplasticity which is the brain's ability to heal itself. This has pushed the field forward and neurofeedback began to be used more and more frequently with adults. Now half of our clients are adults."

Dr. Jeanne McDaniel Green is a Chiropractor and is the other doctor at Greenville Brain Training. She has 27 years of experience in the healthcare field and has a specialty of working with children and families with Autism Spectrum Disorders.

She said that one of the things that drew her to brain training therapy was the fact that it is completely natural and non-invasive. "A natural treatment works in concert with the body's innate ability to heal and be well. In other words, it helps the body (or in this case, the brain) do what it's already programmed to do but better. Our treatments do not put anything into the body at any time; no electricity, no shocks, no subliminal messages. All that is happening is that brainwaves (which are already active) are being observed and reflected back to the brain in real-time, via auditory and visual feedback while the patient watches a movie."

The doctors also stress that there is a quantifiable process they use to track progress, called "brain mapping." This is done before, during, and after any treatment, so that doctors and patients can see the changes that are taking place.

Much more information about the treatments offered by the clinic and comments that current and past patients have made about them is available at Greenville Brain Training's website and on its Greenville Brain Training Facebook page.

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For more information about Greenville Brain Training, contact the company here: Greenville Brain Training Dr. JoJo Yonce 1-864-370-2225 dryonce@greenvillebraintraining.com 1109 S. Church St. Greenville S.C. 29605

## **Greenville Brain Training**

*Greenville Brain Training is focused on helping individuals using Neurofeedback to improve brain function and overall quality of life.*

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