



Unlocking The Body Massage Therapy Says Puyallup Massage Can Be Covered by Health Insurance

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Unlocking The Body Massage Therapy, based in Puyallup, Washington, has revealed that Puyallup massage therapy is covered by most health insurance plans, or if a person has been hurt at work or has been a victim of a car accident. They want people to know that they can provide assistance in using those benefits and pay less out of pocket for their massage therapy sessions. With this, people may no longer need to just rely on pills and medications.

Having health insurance cover for massage therapy will require a diagnosis code from a doctor, chiropractor, naturopath, nurse practitioner, or physicians assistant, and Unlocking The Body Massage Therapy can help with that. Currently, they accept a number of insurance carriers that include Blue Cross/Blue Shield, Amazon, Regence, First Choice Health Network, VA - Community Care, Teamsters, work related injuries, Kaiser Options or Access, Car Accidents with Personal Injury Protection, and United Healthcare.

Jennifer Bull, LMT, owner of Unlocking The Body Massage Therapy, says, "Medical massage is result oriented and the treatment is specifically directed to resolve conditions that have been diagnosed and prescribed by a physician, chiropractor, or naturopath. The therapist may use a variety of modalities or

procedures during the treatment, but will focus the medical massage treatment only on the areas of the body related to the diagnosis and prescription. Medical massage is generally billed in 15-minute increments using current procedural terminology and adhering to the usual and customary reimbursement fee schedule.?

The day spa in Puyallup offers a number of packages. They are offering a New Client 2020 Wellness Massage Special and people can set up their massage appointment schedules through September 1, 2020. They can do this by calling or texting them and possibly check for same day availability.

According to Jennifer Bull, there are a number of benefits from medical massage therapy. It can help release tight and sore muscles that can cause ischemia. Ischemia results from insufficient blood supply to soft tissues that in turn can cause touch hypersensitivity and allows for more injury to the tissues. It can also help relieve nerve compression or entrapment. It should be noted that pressure on a nerve by bone, cartilage or soft tissue can contribute to muscle atrophy, paresthesia, referred pain, and conditions such as piriformis syndrome, pseudo sciatica, pseudo angina, and more.

Medical massage therapy can also deactivate myofascial trigger points. These trigger points are areas that have high neurological activity that refer pain to other parts of the body. Studies have shown that trigger points may be responsible for as high as 76 percent of everyday pain. This kind of therapy has been found to reduce pain and inflammation. And it is the ideal treatment for releasing tension or muscles that are in spasm with the result that toxins such as lactic acid are released.

Massage has also been found to restore strength and suppleness of the muscles, thus enhancing their overall function. It can also help in improving circulation and alleviating stress. Proper circulation is essential to continued health. The blood and lymph can bring nourishment to the trillions of cells throughout the body and then carry away the waste released from the cells. Massage has been found to enhance the exchange of nutrients at the cellular level while improving detoxification.

Furthermore, massage can aid in digestion because it can result in improved digestive motility and it can calm the nervous system. With each square inch of the skin containing about 50 nerve endings and with as many as 5 million touch receptors in the skin relaying messages to the brain, the body's initial response to massage is to relax and de-stimulate.

Those who are also interested in a massage clinic that takes insurance in Tacoma, Puyallup and neighboring areas can check out their website and contact them on the telephone or via email. They are open on Monday, from 8:00 am to 7:00 pm; Tuesday to Friday, from 7:30 am to 7:00 pm; and Saturday, from 8:00 am to 3:00 pm.

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For more information about Unlocking The Body Massage Therapy, contact the company here:Unlocking The Body Massage TherapyJennifer Bull(253) 970-8256info@unlockingthebody.com8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

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