Holistic Dentist Rebecca Taylor Recommends Pinhole Surgical Technique for Gum Recession

January 23, 2020

January 23, 2020 -

Green City Dental, based in Edmonds, Washington, has announced that dentist, Rebecca Taylor is recommending the use of a minimally invasive procedure for gum recession. This procedure is also known as the ?pinhole technique.? The traditional method of treating gum recession is gingival grafting, which involves surgically removing some tissue from the room of the mouth and grafting it to the gums for the purpose of covering the exposed teeth roots. The new Chao pinhole surgical technique does require any cutting. Instead, tiny holes are made in the gums through which the dental surgeon loosens and guides existing soft tissues over the areas of recession. Rather than sutures, collagen strips are used to hold the gum tissue in place, thus promoting tissue growth that will hold the gums securely in their new position.

Rebecca Taylor herself explains, ?The Pinhole Technique, which was developed about 15 years ago by Dr. John Chao is simple, minimally-invasive, and effective. We use a needle to make small holes in your gums, then insert a special instrument to gently loosen and move the gum tissue over the recession. We then place collagen strips over the sites worked on to help maintain stability as the tissues heal. Patients who have had the procedure typically report less pain, less swelling, and less bleeding than they might with conventional surgery. However, if you have a lot of bone loss, thin existing gum tissues, or active gum disease, Pinhole

Surgery might not be recommended.?

Green City Dental serves the dental needs of people in Seattle, Washington, and neighboring areas. They offer various kinds of dental services, including cosmetic dental services and advanced / holistic services. They also provide basic services that include pediatric dentistry; tooth-colored fillings and crowns; perioscopy and other gum disease treatment; exams, cleanings and preventive dentistry; dental implants; Carlson bridges; dental surgery with PRF/PLR to support healing; pinhole surgical technique; non-narcotic sedation dentistry; emergency dentistry; oral cancer screening; saliva pathogen and genetic testing; digital x-rays; night guards / splints; and neuromuscular dentistry.

Meanwhile, cosmetic dental services at Green City Dental include laser facial aesthetics; smile brightening; no-drill porcelain veneers; and Invisalign. Advanced and holistic dental services include myofunctional and craniosacral therapy; myobrace; Carlson bridges; micro air abrasion; sensitivity assessments; material biocompatibility testing; ozone therapy; mercury detox referrals; metal-free ceramic implants; metal-free fillings and restorations; and conquering dental fear / anxiety.

There are a number of ways the Green City Dental stands out among the many dental offices in Seattle. First, potential patients can check them out for free. People can visit their office, have their questions answered, and get the chance to find out if Green City Dental is right for them. Second, they have established a comfortable, mellow and spa-like environment to make each dental visit stress-free for every patient. Third, they practice minimally invasive dentistry. Fourth, they know that the teeth are related to the rest of the body, which is why they consider the potential effect of every procedure on the rest of the body. Fifth, they ensure that patients are treated in a healthy environment, which means they ensure the dental office is mercury-free, flouride-free, patient-friendly, and environment-friendly. Sixth, they combine the best of clinical practice and modern science with traditional, holistic healing methods. Seventh, they ensure patients get the information they need to make the best and most informed choices about their oral health care.

Green City Dental is composed of a dentists who believe in the principle of biological dentistry, which is concerned about the effects of dental materials, techniques and procedures on the whole body. It combines western dentistry and medicine?s best clinical practices and technologies with a broad array of modalities that are beyond the scope of conventional practice.

Those who are interested in the services of a holistic dentist can check out the Green City Dental website or contact them on the telephone or via email. They are open from Monday to Thursday, from 9:00 am to 4:00 pm.

###

For more information about Green City Dental, contact the company here:Green City DentalKimberly Klaudt(425) 776-3352kimberly@greencitydental.com8405 196th St SWEdmonds, WA 98026

Green City Dental

Green City Dental is Seattle's premier biological and holistic dental practice.

Website: https://greencitydental.com/

Email: kimberly@greencitydental.com

Phone: (425) 776-3352