Los Angeles Holistic Doctor Shares Insight Into Potential Benefits Of Ozone Therapy

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Los Angeles, California based healthcare provider Dr. Joseph Sciabbarrasi is reaching out to the community to share some insight into the various potential benefits that Ozone Therapy (OT) can offer when treating different illnesses and conditions such as knee osteoarthritis, fibromyalgia and diabetic foot ulcers.

While Ozone Therapy has gained popularity over the years as a legitimate way to treat a variety of conditions, Dr. Sciabbarrasi states that its benefits are severely underrated. He believes that the main cause of this is the lack of scientific evidence and records to support the efficacy of oxygen-ozone treatments. This is due to the fact that, even though several studies have demonstrated improvement in a given patient's ailments, a lot of skepticism and lack of knowledge remains entrenched regarding this practice.

Dr. Sciabbarrasi states, "While there are several studies and countless hours of research devoted to proving the efficacy of OT, only a few adhere to the traditional gold standard of scientific research. The rest is typically based on a combination of less reliable studies, unsystematic observation, informed guesswork and conformity to prevailing treatments and procedures used by most other clinicians in a local community. These studies from unreliable sources can misrepresent the impact that OT can have on a patient's ailments. After taking a look at some of the most popular studies, I came up with a list of various ailments and conditions that Ozone Therapy has proven to have a positive impact on, seeking to shed some light on the potential benefits of this innovative treatment."

During his research into ozone, Dr. Sciabbarrasi found that one ailment that it can help alleviate the symptoms of is knee osteoarthritis. He determined this after looking at one of the most recent studies to come out in Arthroscopy, the journal of arthroscopic and related surgery. This study reviewed the results of 11 previous studies involving 858 patients and, while its authors found methodological inconsistencies and potential bias among them, they still found the results strong enough to deem Ozone Therapy a safe approach with encouraging effects in pain control and functional recovery of patients afflicted by knee osteoarthritis, at least in the short-middle term.

Ozone Therapy was also proven successful in treating patients dealing with diabetic foot ulcers. This study, published last winter, shows that researchers recruited 200 diabetic patients with foot ulcers of varying severity and proceeded to treat half of them with only standard care while the others received Ozone Therapy in addition to the standard care. Every single patient in the ozone group experienced full wound closure and faster healing than the standard-care only patients, making a breakthrough discovery and offering a new way to treat this common complication of diabetes that is widely known for being difficult to cure.

Complex regional pain syndrome is yet another condition that Ozone Therapy has proven effective against, according to new case reports and studies. These findings state that OT has been found to improve many of the mechanisms promoting chronic pain and inflammation. Researchers studied the case of an 11-year-old girl diagnosed with reflex sympathetic dystrophy who was given direct intravenous oxygen/ozone gas daily and experienced a rapid improvement after beginning therapy. Within 120 sessions, all of her symptoms disappeared, showing a complete recovery from her condition. The success of this case is thought to lie in ozone?s novel biochemical properties, which make it a unique, safe, relatively inexpensive and effective answer for the treatment of pain. In this particular case, it resolved a chronic condition where opiates were ineffective even for pain relief.

Similar research suggests that ozone may be helpful in the treatment of fibromyalgia. In one study, 65 adults between the ages of 30 and 72 received ozone treatments twice a week for one month, followed by monthly treatments for maintenance. 70% of patients reported symptom improvement of 50% or more. None reported any side effects, adding another benefit to the treatment of similar ailments compared to conventional approaches.

Dr. Joe Sciabbarrasi invites anyone interested in Ozone Therapy and its benefits to reach out to him and voice their inquiries. Further information and many other resources can be found on his official website as well.

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Dr. Sciabbarrasi offers cutting-edge holistic and integrative medicine in a caring and supportive environment. His focus is on individualized medical care utilizing original and innovative approaches.

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