



## **San Diego Spa Demonstrates Trick To Younger Looking Skin Using IPL Photofacial Skincare And Oxygenation Peel**

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Healing Hands and Skin Care, a spa in La Mesa, CA, has demonstrated a way to achieve younger looking skin. The 'trick' is to mix up an esthetician's routine, using a series of IPL photofacial treatments. To encourage people to find out for themselves how this works, the company is currently offering the treatment at a discount.

With the discount, instead of using a typical facial, people can splurge for a series of IPL photofacial treatments, alternating with an oxygenation peel, which has been found to be a safe and powerful exfoliating treatment. The combination has been shown to leave a person with younger looking skin.

IPL, or intense pulsed light, has been demonstrated to restore skin that has been sun or age damaged. It

helps to reduce fine lines and improve texture at the same time. Studies on the treatment indicate that IPL does not damage the skin in any way, as it only affects the dermis, leaving the epidermis untouched. It has been found to be particularly suitable for those with rosacea, facial blood vessels, pigmented spots, sun damaged skin, and enlarged pores. The body areas suitable for this treatment are the face, neck and hands.

Meanwhile, oxygenation peels have been shown to improve texture and tone of the skin at the cellular level by stimulating elastin and collagen. It also stimulates the lymphatic system to deliver nutrients and oxygen to the skin's cells, allowing them to produce more elastin and collagen. It can be used on any type of skin condition and type and is suitable for men and women alike. It has also been found to enhance the efficacy of regular skin care products, as it removes dead skin, thereby allowing skincare products to target fresh skin instead.

The benefits of alternating IPL photo facials and oxygenation peels have been highlighted on the company website at [www.healinghandsskincare.com](http://www.healinghandsskincare.com). "Combining these two procedures creates the perfect results for not only toned, firmer skin, but also lightens dark spots, smoothens fine lines and wrinkles, and improves the quality and texture of your skin," says Sharon Cerecedes from Healing Hands Skin Care. "It's my most beneficial and highest recommended service." More information can be found at the company website.

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For more information about Healing Hands Skincare, contact the company here: Healing Hands Skincare Sharon Cerecedes 619-465-7546 [cerecedessharon@gmail.com](mailto:cerecedessharon@gmail.com)

## **Healing Hands Skincare**

*A salon and skincare company dedicated to the nurturing healthy skin. Services include:  
Facials, chemical peels, dermabrasion, IPL photo facials, massage, permanent make-up and hair removal.*

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