



Texas Breast Center

Dr. Valerie Gorman Answers More Questions on Mastectomies

January 30, 2020

Waxahachie, Texas - January 30, 2020 - PRESSADVANTAGE -

Dr. Valerie Gorman, MD, FACS has answered more of the most frequently asked questions about mastectomies to help people with breast cancer be more informed about their experience. She added these questions and answers to her previously published article "FAQs About Mastectomy" and wanted to continue clearing the air for patients, people at risk, and anyone who is curious.

Dr. Gorman spoke on topics such as the use of radiation and chemotherapy alongside breast cancer surgery, mastectomy recovery tools, and mastectomies for men. When discussing operations for men, she mentions the risk of breast cancer in men, something that is not often talked about:

Only 1% of breast cancer diagnoses are in men, but that still accounts for 1 in every 1,000 men. Invasive Ductal Carcinoma is the most common form of breast cancer found in men. Like in women, black men have a higher risk of getting breast cancer than those of other races.

She provides more questions to ask one's surgeon, such as "Will I need radiation therapy?" and "Will I need to return for additional surgery?"

Dr. Gorman always encourages asking questions. She wants her patients to be informed and believes that a patient should never be talked over with medical jargon but talked to with information they can understand so they can make the best decisions for themselves.

Serving as the Medical Director of Surgical Services and Chief of Surgery at Baylor Scott & White in Waxahachie, Dr. Gorman's focus on breast cancer surgery has given her the opportunity to help and inform many patients in the Dallas area.

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Valerie J. Gorman, MD, FACS, is a surgeon of oncology and diseases of the breast. She is board certified by the American Board of Surgery and serves as Chief of Surgery and Medical Director of Surgical Services at Baylor Scott & White Medical Center.

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