



## Gourmante Natural Vitamin E Oil Now Available on Amazon

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Gourmante, based in Athens, Greece, has announced the official launch of their Natural Vitamin E Oil on Amazon.com through the fulfillment by Amazon (FBA) service. This FBA service provides customers the reliable Amazon customer service while making the said product Prime eligible, offering Amazon Prime members free shipping and other benefits. Meanwhile, the Gourmante Natural Vitamin E Oil now available on Amazon can still be purchased directly from the Gourmante website with free shipping and secure payment via Stripe. All orders from the Gourmante website will also be sent to customers from Amazon warehouses with standard 3 to 5 business days delivery.

Dimitrios Paraskevopoulos, Founder & CEO of Gourmante, says, "We're happy to announce the official launch of our natural vitamin E oil on Amazon. Vitamin E also has antioxidant capabilities that may be able to protect our cells from damage resulting from aging and environmental factors. Majority of our daily required vitamin E is obtained from foods like vegetable oils, seeds, nuts, and leafy greens, but this particular vitamin can also be found in popular skincare products because of its potential advantages for the hair, skin, and nails."

The Natural Vitamin E Oil from Gourmante is not just pure liquid Vitamin E, gluten-free, vegan-friendly, paraben-free and non-GMO. It is also full of antioxidants and it is a vitamin E face oil or hair oil that has been formulated with no synthetic ingredients. It has also been ensured to have zero additives, making it as pure as any organic vitamin E oil.

According to Gourmante, studies have shown that Vitamin E may be able to enhance the effectiveness of skin moisturizers. As long as people are not allergic to vitamin E, they can utilize it as a moisturizer. Research studies have shown that a well-moisturized skin may help avoid dry skin and itchiness. Gourmante suggests that consumers add one to two drops of the Gourmante Natural Vitamin E Oil into their daily body moisturizer. This can be used in the morning and in the evening to deeply rejuvenate, moisturize, and protect the skin. For those who are not sure if they are allergic to vitamin E, they can put some of it on a small area of their skin and then wait a few hours to see if there is any reaction.

This Natural Vitamin E Oil can also be combined with vitamin C and this can be used as a natural form of skin protection from the sun. It has been observed that this combination can function as an antioxidant, allowing the user to prevent cellular damage caused by the sun and other environmental factors. And for skin already damaged, some dermatologists suggest the topical application of vitamin E to moisturize sun-damaged skin and enhance its appearance.

Research has also indicated that pure vitamin E oil may be able to help in boosting blood circulation in the scalp with the result that hair follicles are strengthened, thus preventing dry and brittle hair. That benefit can be achieved by applying one to two drops of the Natural Vitamin E Oil to the scalp and then massaging it gently.

Pure vitamin E oil may also be helpful during the winter months when the nails and lips crack due to colder temperatures and too much hand washing. By simply massaging a few drops of vitamin E oil on the nails, cuticles, and lips may help in keeping them moist so that cracking can be avoided.

The natural vitamin E oil is extracted primarily from soybean oil. This natural vitamin E oil is able to deliver at least twice the effect offered by synthetic vitamin E, which is derived from petrochemicals. People can check out the ingredients list of any product to ensure that it contains natural vitamin E. This is because natural vitamin E is indicated as d alpha-tocopherol while synthetic vitamin E is listed as dl alpha-tocopheryl.

People who are interested in learning more about the benefits of vitamin E oil and the various products from

Gourmante can check out their website, contact them on the phone or through email, or follow Gourmante Health on Instagram.

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For more information about Gourmante, contact the company here:GourmanteDimitrios Paraskevopoulos+30 210 7454366info@medbrands.gr Mediterranean Brands P.C.2-4 Mesogeion Avenue, Athens Tower 1-21st floor, 115 27 Athens, Greece

## **Gourmante**

*Gourmante's mission is to promote the healthy Mediterranean Lifestyle, offering authentic, high quality, natural & safe products to help people live healthier, happier & longer.*

Website: <https://www.medbrands.gr/>

Email: [info@medbrands.gr](mailto:info@medbrands.gr)

Phone: +30 210 7454366

