Naturopathic Clinic In Toronto Recommends These Naturopathic Approaches To Help Correct Thyroid Function

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Dr. Amauri Caversan, ND, a Naturopath in Toronto, and his practice, the Dr Amauri Wellness Centre, has published a blog post about the thyroid, the diseases that affect the thyroid, and some Naturopathic approaches which may help with thyroid function. The thyroid is an essential organ in the human body, located in the neck. It?s shaped like a butterfly and releases hormones that work to regulate energy levels, metabolism, muscle control, fertility, and much more.

Because the thyroid and the hormones it releases have such broad ranging effects in the body, thyroid difficulties can be a cause for serious concern, which is why it?s very important to maintain healthy thyroid function. Thyroid dysfunction may lead to a number of symptoms, including constipation, weight gain, unbearable fatigue, weakness, and problems with memory. The most common thyroid issues are either that the thyroid is under functioning, as in hypothyroidism, or over functioning, as in hyperthyroidism.

The thyroid produces two main hormones, known as T3 and T4, both of which are essential to the metabolic function of cells. When the thyroid is underperforming, or not creating the amount of hormones that the body needs, the body?s metabolism is compromised. This can cause a range of symptoms including fatigue, memory problems, mood swings, depression, weight gain, muscle cramps, and cholesterol elevation. The most common cause of hypothyroidism is Hashimoto?s thyroiditis, an autoimmune disorder in which the body?s immune system treats the thyroid like a threat. The immune system creates antibodies which prevent the thyroid from creating sufficient hormones for the body to function. Because the symptoms of hypothyroidism can be so severe, it is very important for people experiencing hypothyroidism to seek treatment to maintain their thyroid hormone levels at a healthy level.

One point discussed by the blog post is Naturopathic Medicine for thyroid function. The clinic offers a range

of naturopathic treatments which may provide some benefits to thyroid health. Whether a person has hypothyroidism or the equally serious hyperthyroidism, the Dr. Amauri Wellness Centre would like them to consider a visit to a naturopath to discuss their condition.

The diagnosis of thyroid disorders is generally conducted through blood work or a thyroid ultrasound. Blood tests may include TSH, Free T4, Free T3, Reverse T3, thyroid peroxidase and anti-thyroid antibodies. TSH is the hormone produced by the pituitary gland that signals to the thyroid that it needs to produce more hormones. The level can indicate whether the body has enough thyroid hormones, too much or too little. Free T3 and Free T4 measure T3 and T4 and can be indicative of a thyroid disorder, but generally are not used on their own for diagnosis. Thyroid peroxidase and anti-thyroid antibodies are tested to determine if the thyroid disorder is caused by an autoimmune disorder.

Anyone looking for a Toronto-based Naturopath interested in learning more about Dr Amauri Caversan, ND and his naturopathic practices can visit his website or contact his office. The office offers a number of treatments that could offer some benefit in the case of thyroid disorders, including thyroid replacement therapy with natural dessicated thyroid hormones and recommendations for diet changes and supplement additions. Dr Amauri Wellness Centre may also suggest herbal formulas or IV therapy.

In addition to offering services for patients who may be dealing with thyroid disorders, Dr Amauri Caversan, ND and his clinic offer a number of other naturopathic treatments for people with a variety of issues as well as those who are just interested in their general wellness. Some of these treatments include acupuncture, cold laser treatments, naturopathic manipulation, and shockwave therapy. The Dr Amauri Wellness Centre caters a number of their services to people suffering from chronic pain, which often persists in spite of many attempts at treatment. Dr Amauri Caversan, ND does his best to understand each patient?s individual situation, because he understands that every situation is unique and no two people will respond in exactly the same way to exactly the same conditions.

People can visit the naturopathic clinic located at 1200 Bay Street #1102, Toronto, ON M5R 2A5, or call (416) 922-4114 for further inquiries.

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For more information about Dr. Amauri Wellness Centre, contact the company here:Dr. Amauri Wellness CentreDr. Amauri Caversan, ND(416) 922-4114info@dramauriwellnesscentre.comDr. Amauri Wellness Center1200 Bay Street #1102Toronto, Ontario M5R 2A5

Dr. Amauri Wellness Centre

Dr. Amauri Wellness Centre is consist of wellness practitioners that are committed to helping you achieve optimum health, well-being, and over-all quality of life. Our team is lead by a Naturopathic Practitioner in Toronto, Dr. Amauri Caversan, ND.

Website: https://dramaurinaturopath.com/

Email: info@dramauriwellnesscentre.com

Phone: (416) 922-4114

