

Holistic Health and Wellness with Yoko

Miami Holistic Medicine Practitioner Announces the Launch of Their New and Improved Website

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Miami natural health and wellness provider, Holistic Health and Wellness with Yoko, has just launched its new website. Those at this health practice say it should give their clients a much-improved all-around user experience. It was also said that they used input from everyone at the practice to help make the new website as up to date and comprehensive as possible.

Practice founder, Yoko Bagnariol, had this to say about why they decided to make and launch a new website, "Over the years the therapies that we use at our holistic wellness practice have changed and improved. After taking a closer look at our website, we feel that it did not change and improve to stay up to date with those services. In order to serve our customers better, we at the practice decided that instead of trying to fit new and improved aspects of the practice into the old website platform, it was best just to start over from scratch and build an entirely new website. We could not be more pleased with how the new website has turned out. Early reviews from our customers show they are happy with how informative and simple to use the new website is too."

The founder added when they set out to build the new website, they did it with several goals in mind. She

said one of them was to give their clients not only updated but also more organized content. Another goal was to improve the website page loading times in order to give their customers a more satisfying user experience. Bagnariol also went on to mention that since many of their customers now access their website from their phones or other smart devices, they made sure the new website made for better mobile user experience too.

Bagnariol says that one aspect of the new website that got much more attention was the description of the health services that this Miami holistic medicine practitioner offers. It goes into much more detail on these therapies than the previous website did. A good example is how in-depth the website goes as far as the practice's hypnotherapy is concerned. Their Hypnosis therapy is done based on a theory that it may help a person unlock some of the power of their subconscious mind. The new website talks about how hypnosis has been used on people as part of a therapy to help them do such things as quit smoking, manage their weight, manage stress, increase motivation, and to unlock creativity and learning potential. The founder says that the subconscious mind holds much accessible information and this is one method that holistic medicine practitioners use to help patients become more in tune with that part of their mind.

The new website also gives more insight now into how this Miami wellness center uses Holistic Health Coaching. They support people to set goals for themselves, and follow up with each session. Chakra balancing is done to assist with the goals of eliminating stress, managing panic attacks, handling depression, family relationships and many other mental and physical conditions that people struggle with. The founder went on to say that many people think of this therapy as a way to connect the dots from who they are to who they want to be.

The new website also goes into more detail on the practice's holistic health counseling, gives insight on holistic nutrition, and has a new blog section that features articles on many different holistic health and wellness topics.

Bagnariol says that those who want to learn more about their Miami holistic health practice should feel free to call them, send them an email or use the sign-up form on the "contact us" page to schedule a free consultation.

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For more information about Holistic Health and Wellness with Yoko, contact the company here: Holistic Health and Wellness with Yoko Yoko Bagnariol (305) 728-9022 yoko.bagnariol@gmail.com 3828 SW 79th Ave #107 Miami, FL 33155

Holistic Health and Wellness with Yoko

Holistic Health and Wellness with Yoko is a practice that helps people transform their lives, by taking a holistic approach that cares about their emotions, relationships, nutrition, energy balancing, work, and exercise.

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