

Dentist in Mount Vernon WA Recommends Minimally Invasive Approach to Dental Care

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Janette Carroll DDS, a dentist based in Mt. Vernon, Washington, has revealed that she is advocating for a minimally invasive approach to dental care. She obtained her DDS from the Las Vegas Institute for Advanced Dental Studies and she has been practicing dentistry for almost 25 years. It is her goal to make her patients feel at ease, especially during the first visit. The technology that they use include CEREC, CT scanning, dental microscope, digital x-rays, intraoral camera, and TENS unit. They have based their services on being alternative healthcare providers and therefore believe that total body health is related to oral health. They offer several modern and holistic alternatives for improving a patient's oral and overall health.

State-of-the-art CEREC technology is used to produce dental crowns and other restorations in just one visit to the dental office. This is because CEREC can be used to fabricate durable, aesthetic, and custom-made restorations in a matter of minutes, allowing the patient to leave the dental office with a smile. The TENS unit provides a form of electronic muscle therapy that may be able to offer pain relief. It can also be used to assess muscle tone as part of the TMJ treatment that they offer.

The services that they provided can be subdivided into several categories. These include comfort care & anxiety management; cosmetic dentistry; general dentistry; holistic dentistry; orthodontics; restorative dentistry; and sleep apnea treatment. For comfort care and anxiety management, the dentist in Mount Vernon WA offers nitrous oxide and Halcion oral sedation. She may use nitrous oxide or laughing gas for patients with dental anxiety. This is a mild sedative that can allow the patient to receive the treatment with ease and in complete comfort. Halcion oral sedation can offer help to patients who are fearful and anxious. It may help the patient feel at ease in the chair and throughout the whole appointment.

For holistic dentistry, Janette Carroll DDS offers mercury-free dentistry, amalgam removal, and whole body health. Since their treatment philosophy is based on the belief that overall health is closely related to oral health, they offer some holistic dentistry services. One of these is amalgam removal. This is important because old amalgam fillings may contain mercury, which is potentially toxic. They make use of the advanced DentAirVac amalgam removal system to safely and quickly get rid of such old fillings, and possibly eliminate

potentially toxic vapors and contaminants. Mercury-free dentistry is also provided because mercury is a toxin for the human body. And finally, they choose to provide treatments that will not only be beneficial for the patient's oral health but also to the health of the whole body.

For cosmetic dentistry, they offer dental bonding, porcelain dental veneers, smile design, and teeth whitening. Dental bonding can be used to enhance the color and shape of the teeth. This includes covering exposed tooth roots and more. Porcelain dental veneers can be constructed from porcelain that closely mimics natural tooth enamel, thus, providing patients with naturally aesthetic and long-lasting results. Smile design can also be provided to provide a patient's smile a complete makeover to enhance the appearance of the teeth. And they may also offer teeth whitening. They can offer several choices for professional teeth whitening treatments to restore that the while and brilliant shine of the teeth.

For orthodontics, Janette Carroll DDS can offer Invisalign®, Invisalign® Teen, and Myobrace® for Children. Invisalign is a discreet orthodontic alternative for straightening teeth. Instead of the conventional braces that have metal brackets and wires, the Invisalign system makes use of custom-made and computer-generated clear smooth plastic aligners. Each set of these aligners is designed to cause small changes to the teeth alignment. As the patient switches to another set of aligners, the teeth will gently and gradually move to their appropriate positions.

Those who are looking for dental services in Mount Vernon WA can check out the Janette Carroll DDS website or contact them through the telephone or via email. They are open from Monday to Thursday, from 7:30 am to 5:00 pm.

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For more information about Janette Carroll DDS, contact the company here: Janette Carroll DDS
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Janette Carroll DDS

Janette Carroll DDS is Mt. Vernon WA's five-star choice for all of your family's dental needs. Dr. Carroll offers the most state of the art procedures with a biocompatible approach to ensure your family's health and happiness.

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