



NJ Center for Cool Sculpting Explains How the Procedure Removes Unwanted Fat

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NJ Center for CoolSculpting, based in Summit, New Jersey, has explained how the CoolSculpting® procedure is able to get rid of unwanted fat. This is a non-surgical fat reduction treatment where unwanted fat cells are frozen. The fat cells that are frozen will shrink and then be naturally digested by the body. This procedure has been cleared by the FDA for the treatment of visible fat bulges in various parts of the body. Compared to liposuction, which is a surgical procedure, CoolSculpting® is a non-invasive procedure that is virtually painless and does not require sedation or anesthesia.

Meanwhile, NJ Center for CoolSculpting is a division of Ethos Spa in Summit, NJ. Their staff is made up of certified aestheticians, board-certified doctors, and licensed physician assistants who are considered to be national leaders with regards to body contouring.

Hardik Soni, medical director of Ethos Spa, says, "At our CoolSculpting center, we perform hundreds of body contouring sessions each month in the setting of our peaceful and luxury office. Our staff is committed to

providing the safest and most effective treatments to reduce stubborn, unwanted fat from your body. Our mission is to help you look & feel your best - both inside and outside.?

He continues, "CoolSculpting involves a process that we don't see in normal life, so it can be difficult to visualize how exactly it works. After CoolSculpting treatments were performed on a patient's abdomen or lower stomach, there were significant improvements to the skin as well as the fat underneath it. The fat storage around the belly is significantly smaller, and the skin is smoother and tighter as well." Those who would like to know more about their location and how to get there can check out their Google Maps page at <https://www.google.com/maps/place/NJ+Center+For+CoolSculpting/@40.7173813,-74.3627336,15.25z/data=!4m5!3m4!1s0x89c3ae4d75d40001:0x8ca71d2062977339!8m2!3d40.7174441!4d-74.356035?shorturl=1>.

NJ Center for CoolSculpting has mostly five star reviews on Google. In fact, they have an overall rating of 4.9 out of 5 stars. In one of the recent five star reviews, Kelly C. said, "Great place, love the vibe. Everything was clean and professional. I can see myself being a regular here. I wasn't convinced with the procedure at first but at the prices they were offering, I just thought what the heck. But after seeing results for a week, I'm very happy with the outcome. Best place in town."

It should be noted that like most procedures, some people may be better suited for the CoolSculpting procedure than others. The ideal candidate is someone who is generally in good health, not pregnant or planning to become pregnant soon, works out and is actively watching her weight, at or near ideal body weight, and has enough fat in the area for CoolSculpting.

Those who undergo CoolSculpting can expect three things. These are: up to 25 percent decrease in fat in the treated area; that it is up to the person to keep the fat off; and while the treatment may feel slightly uncomfortable, it is possible to sit and relax during the procedure.

Hardik Soni also wants to point out that when choosing between CoolSculpting and plastic surgery, the former is the better choice for most people. This is because surgery may require a long recovery time and may lead to unwanted complications; CoolSculpting can be performed in various areas; and CoolSculpting is less expensive compared to surgery.

Residents of New Jersey have the convenience of not having to travel far to take advantage of world-class CoolSculpting. They can get the procedure right there at the NJ Center for CoolSculpting. The procedure is ensured to be world-class because they utilize state-of-the-art CoolSculpting applicators, they have a patient-centric philosophy, and they have trained and attentive staff.

People who would like to learn more about CoolSculpting procedure can visit the NJ Center for CoolSculpting website at <https://nj-center-for-coolsculpting.business.site/>, or contact them on the telephone or through email. They are open from Monday to Friday, from 10:00 am to 6:00 pm, and on Saturdays, from 9:00 am to 4:00 pm.

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For more information about NJ Center for CoolSculpting, contact the company here: NJ Center for CoolSculpting
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