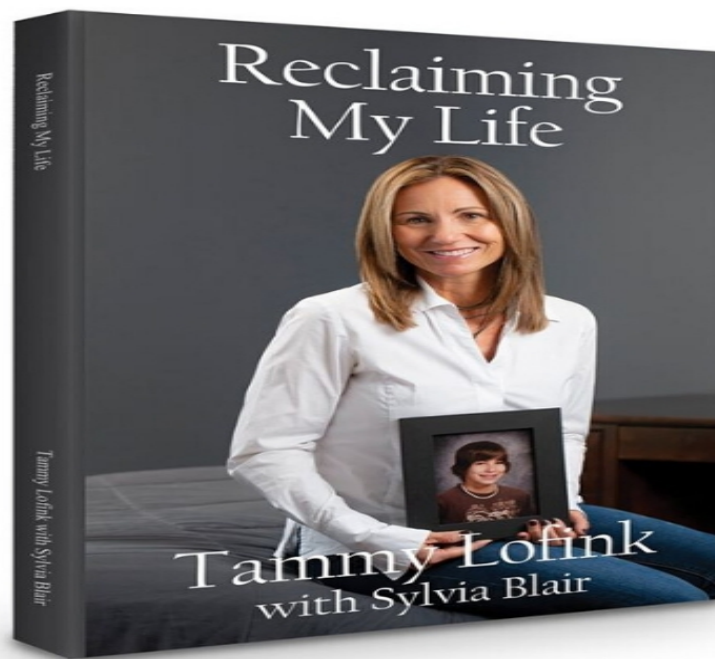




Announcing Reclaiming My Life, A New Book About Addiction, Recovery, and Healing

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Maryland mother and wife, Tammy Lofink, experienced a parent's worst nightmare when her son Robert Mason Lofink died of an overdose. Out of a strong desire to help others avoid a similar tragedy, Lofink has written a new book, *Reclaiming My Life*.

The self-published book takes the reader through Lofink's poignant journey of loss and healing. She also shares her personal story in hopes of preventing families from losing a loved one to addiction.

The grief, suffering, and turmoil which followed Robert's death were almost too much to bear. Lofink decided that she had to change the direction of her life after her son was gone. She co-founded Rising Above Addiction, which raises funds for urgently needed treatment.

Reclaiming My Life, Lofink's first book, is a testament to the ability to survive, cope, and rise above even the most difficult circumstances.

Young people who are using drugs, adults whose medication may have led to addiction, and parents of youth who are worried will be riveted by Lofink's personal story-telling style. With each turn of the page, Lofink surprises, engages, and inspires the reader.

Reclaiming My Life will be released in April of 2020. Net proceeds from the sale of the book go directly to Rising Above Addiction, a 501(c)(3) nonprofit organization.

The book is available for pre-order by visiting www.RisingAboveAddiction.com/BOOK.

I dedicated and gifted this book to my son, Robert, on his 24th birthday, which we observed on February 21, 2020. I am looking forward to the official release of Reclaiming My Life, to the public, in early April of 2020.

I always describe my efforts on Robert's behalf in this way: For You, Because of You, and In Memory of You. I hope that this book offers inspiration and healing to every person who is meant to read it," said Lofink.

I want to thank my co-author, Sylvia Blair, owner of Blair Copywriting and Communications, LLC," said Lofink.

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Rising Above Addiction

*Bringing awareness, support and financial assistance
in an effort to save our youth and young adults.*

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