

New Blog Post Reminds People that Alcoholism Is Still a Problem Despite Opioid Addiction Being the Current Topmost Concern

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Pinnacle Treatment Centers, based in Mt. Laurel Township, New Jersey, has announced that they have recently published a blog post that reminds people that alcoholism is still a problem despite having lost its place as the top addiction issue in the United States. Based on the 2018 National Survey on Drug Use and Health, 14.4 million adults in the USA were diagnosed to have Alcohol Use Disorder. This is made up of 5.3 million women and 9.2 million men. What is worse is that only approximately 7.9 percent of them had received treatment in 2019.

Melanie Eilers, Senior Director of Communications at Pinnacle Treatment Centers, says, "Alcoholism comes with a series of long-term and short-term side effects. Accidents/injury, violent behavior, having unprotected sex, binge drinking, and alcohol poisoning are the short-term effects of alcohol misuse. Heart disease, stroke, bowel cancer, liver disease/cancer, mouth cancer, breast cancer, and pancreatitis are the long-term side effects of alcohol addiction."

She continues, "Fortunately, a series of treatment options are now available. You or a loved one can regain control over your life and health through rehab and evidence-based treatments."

Alcohol Use Disorder (AUD) is also known as alcoholism, drunkenness, dipsomania, and inebriety. It is a chronic relapsing brain disease that is characterized by an impaired ability to stop or control drinking of alcoholic beverages despite the adverse health, occupational, and social effects. The result is that AUD has devastated countless people, including their families, for centuries.

Alcohol is easily available and its ability to reduce inhibitions and anxiety is often seen as a positive effect. However, it has several negative side effects as well, such as being unable to remember certain periods of

drunkenness. This may result into feelings of bewilderment, terror, frustration, and despair. Physical and mental impairment may also result from too much drinking. The three most often consumed alcoholic beverages are wine, beer, and hard liquor. The alcohol percentage is lowest in beer and highest in hard liquor. Nevertheless, anybody can become an alcoholic on any of the three.

Meanwhile, people who are genetically able to metabolize alcohol more rapidly have been observed to have a higher risk of becoming alcohol dependent. Other factors aside from genetics may also affect the rate at which the body will metabolize alcohol, such as body weight, gender, general health, body composition, and the amount of alcohol consumed. The number of drinks and the Alcohol by Volume (ABV) of the specific alcoholic beverage are also important factors.

There are a number of things that can complicate diagnosis. First, alcohol is socially acceptable so that many individuals may have already experienced the negative effects of alcohol without even noticing it. Second, some people may try to hide their struggles with alcoholism. Third, an individual may be a high-functioning alcoholic who is able to maintain a healthy balance between drinking habits, personal, and professional lives. Thus, the alcohol problem may not be recognizable most of the time. And lastly, social denial can discourage a person from getting treatment for the disorder.

The treatment of alcoholism is not straightforward and intervention is a popular procedure for helping someone realize the negative consequences of alcoholism. A well thought-out conversation with the individuals with AUD can finally make them understand the negative effects of alcohol on both their life and the lives of their loved ones.

The treatment options available include detox and withdrawal, psychological counseling, oral medications, injectable medication, and spiritual guidance. Detoxing the body in combination with medication can prevent withdrawal symptoms and allow the person to manage them. Psychological counseling can help the affected individual comprehend the reason for the disorder and the value of overcoming it. Oral medications are used to prevent the initial euphoria of alcohol. Injectable medications can provide the same effects but they have to be administered by a healthcare professional.

Those who want to learn more about the alcohol addiction treatment services offered by Pinnacle Treatment Centers may want to visit their website or contact them on the phone or through email.

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For more information about Pinnacle Treatment Centers, contact the company here: Pinnacle Treatment Centers
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Pinnacle Treatment Centers

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