



Dog Trainer Recommends Mental Stimulation to Eliminate Bad Behavior

April 16, 2020

April 16, 2020 - PRESSADVANTAGE -

Top American professional dog trainer Adrienne Farricelli shares that a dog's hidden intelligence should be brought out as a means of eliminating bad behavior and transforming them into obedient and well-behaved pets.

Adrienne is CPDT-KA certified dog trainer living in Arizona with her husband and our two amazing Rottweilers, Einstein and Petra.

"Every dog without exception - has a hidden intelligence inside," says Adrienne. "With enough mental stimulation - many problem behaviors simply melt away."

Adrienne says that training methods should be force-free and gentle and based on dog behavior research designed to create a strong bond between owners and pets.

She noted that many other dog training programs fail because they never address the root cause of the dog's problem behavior.

"They just give you some cookie-cutter technique to stop biting, chewing or barking - which is short term in its effectiveness at best - again, because it does not address the root cause of the problem," she pointed out.

Adrienne added that many of those dog training programs use outdated force and dominance techniques, which is proven not to work by the latest research.

Worse, many other online dog training programs are created by phoneys with no certifications.

"This is dangerous, since using the wrong techniques will lead to problem behaviors getting worse or even a bite in some cases. Avoid taking advice from any 'trainer' who does not list his/her professional certifications," Adrienne warned dog owners.

"Today's dogs suffer from a lack of mental stimulation and quality time spent with 'their' people. The resulting boredom and anxiety can lead to no end of physical and behavioral problems," attests Dr. J Coates, Veterinary Advisor at petMD.com.

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For more information about PDX Local Services, contact the company here: PDX Local Services
Augusto Beato
503-278-5596
4230 SE King Rd Suite 278, Portland, OR 97222

PDX Local Services

Website: <http://pdxlocalservices.com>

Phone: 503-278-5596

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