



Dementia Stop, Reverse Or Prevent A New Video by StoppingDementia.com

August 24, 2015

August 24, 2015 - PRESSADVANTAGE -

Houston Vetter, PhD, the highly regarded Healthcare consultant and Complimentary Medicine expert from the Feel Better Institute, today announced the release of a new video at StoppingDementia.com The video talks about a set of tools designed specifically for stopping, reversing and preventing dementia, Alzheimer's and memory loss that anyone can use.

Dementia is not one specific disease. It is a broad term for a category of diseases that start with memory loss severe enough to interfere with daily life and progress to the point where the person with dementia can no longer take care of themselves. One can get to where one is no longer responsive verbally or physically, and even become incontinent. Some of the forms of dementia are Alzheimer's, Vascular Dementia, Dementia with Lewy Bodies (which Robin Williams had), Traumatic Brain Injury, Parkinson's Disease, Mixed Dementia and Huntington Disease just to name a few.

Alzheimer's is the most common form of dementia and according to statistics dementia is no longer an old person's disease. People are contacting dementia as early as their 50's, 40's and 30's.

?People are beginning to think about dementia more because, even though they might not have the disease, usually someone in their family does and they are part of the caregiver team tasked with taking care of mom, dad, grandmother, auntie, etc.? says Dr. Vetter, who has worked in the healthcare field for over 25 years. ?The video talks about benefits that both those with dementia and those caregivers who take care of dementia patients can get because of the nature of the way the brain works.?

Neural pathways are how the body communicates with every part of itself, from memory to every bodily function, from scratching a scratch to blinking of an eyelid. ?That means when degradation begins and the pathways are not rebuilt people begin to lose more and more of their function-ability?, added Dr. Vetter, ?that is why the new Stopping Dementia techniques are designed to build new neural pathways which helps people gain better memory, more clarity and more creativity.?

One of the major keys to preventing and stopping dementia is the regeneration of and/or building of new neural pathways. ?Creating new neural pathways is easy and can be done with a few simple exercises?, confirms Dr. Vetter. ?It is sort of like calisthenics for the brain that quickly get results in reversing memory loss.?

The degradation of neural pathways is natural and the cause of why they do not form new ones has been linked to many things, including diet and exercise. With a few simple eye exercises it is possible to build new neural pathways that can give much relief. For further information contact Dr. Vetter at stoppingdementia.com.

About StoppingDementia.com:

StoppingDementia.com does not diagnosis, treat or cure any disease or illness. StoppingDementia.com does educate people to promote and achieve health and take complete responsibility for individual personal health.

StoppingDementia.com offers consoling and consulting for those wanting to regain health, clarity, creativity and memory.

For over 25 years the people at StoppingDementia.com and the Feel Better Institute have been educating and developing programs and teaching people how to feel better in all areas of life from the physical, mental, emotional to the spiritual. Like so many clients are fond of saying, "If you want to feel better call Dr. Vetter."

See our informational video <https://www.youtube.com/watch?t=627&v=k-luMg5vKiA>

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For more information about Feel Better Institute, contact the company here: Feel Better Institute Houston
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Feel Better Institute

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