

# FUTURES

## RECOVERY HEALTHCARE

### **Futures Recovery Healthcare Publishes Blog Post On Alcohol Abuse And Treatment**

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Futures Recovery Healthcare, a Tequesta, Florida based addiction treatment provider, is pleased to shed light on alcohol abuse and how this condition can be treated. This information was shared in a recently published blog post that can be found on the company's website.

Deja Gilbert, Chief Operating Officer of Futures Recovery Healthcare, says, "People who experience alcohol abuse or alcohol use disorder need professional help immediately. However, in order to be able to treat these conditions as soon as possible, it is important to first know the telltale signs of alcohol addiction so that you know when to get help."

As noted in the blog post, alcohol abuse is a condition where a person drinks too much alcohol and, as a result, tends to lose control of the things that they do or say. One key feature of individuals who experience alcohol abuse is that they are not physically dependent on alcohol. However, alcohol abusers, if not given proper treatment and prevention, can later acquire the alcohol use disorder. Individuals with this disorder are dependent on alcohol and cannot go an extended period of time without consuming alcohol.

Futures Recovery Healthcare asserts that a person who experiences the symptoms of alcohol use disorder must seek and consult a doctor immediately. In order for the doctor to fully understand the gravity of the addiction and diagnose the individual correctly, the patient's drinking habits, lifestyle and overall health have to be checked thoroughly. The doctor may also talk to the individual's family and friends in order to learn more about the patient's addiction status.

Gilbert also states that the patient will be asked to undergo a physical examination that will help in identifying the physical signs that might hint at an alcohol problem. A complete psychological evaluation is also needed to further explore their symptoms, behaviors and thoughts. The examining doctor will use The Diagnostic and Statistical Manual of Mental Disorders fifth-edition to diagnose the individual. Once the diagnosis is made and the results show that the patient has alcohol use disorder, the doctor will then refer the patient to a series of alcohol treatment programs that will suit their addiction. These treatments may include detox programs, psychological counseling or therapies, medical prescription and continuing support programs.

Futures Recovery Healthcare recognizes that addiction differs extensively from person to person, which is why they provide their clients with personalized care and specialized rehabilitation programs. In fact, the care provider asserts that their role is not to change people but to free them in order to renew their independence and self-reliance. Due to this, they are able to offer specialized treatment as well as committed medically-assisted treatment programs for people who require medication to reduce craving to sustainable levels. These specialized programs utilize specific curricula and therapies.

The center explains that these specialized programs are headed by skilled therapists with pertinent experience treating each condition. The care provider also points out that their specialized treatment programs aid the patients in their journey to being addiction-free by ensuring that the bulk of therapy is applied to the condition or conditions that contribute most significantly to their addiction.

"We understand that addiction and its co-occurring mental health disorders are some of the most profound and complex healthcare problems facing individuals, families and society at large. Today, however, with the advancement of science, we are beginning to better understand the drivers of addiction, its effects on the mind, brain, and body as well as the effective methods of reducing its severity and implications. Here at Futures Recovery Healthcare, we intend to give our patients appropriately-resourced care plans that treat their addiction as well as ensure their long-term recovery. If you would like to know more about our treatments for addiction, please do not hesitate to contact us," says Gilbert.

As noted on the company's website, Futures Recovery Healthcare aims to provide medical interventions to help people safely attain stability as well as the education, psychotherapy, services and guidance they require to develop the mentality and skills that will enable them to sustain their own long-term recovery. The center upholds the effectiveness of their services by combining therapies that are time-tested and

evidence-based with innovative approaches. Futures Recovery Healthcare also takes pride in providing the highest-available quality of medical care to their clients by employing only experienced and licensed clinicians who adhere to the high-standards of care.

Those interested may find more information on the company's website. Interested parties may also connect with Futures Recovery Healthcare via their preferred social media platforms to stay up to date with their latest news and important announcements.

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For more information about Futures Recovery Healthcare, contact the company here: Futures Recovery Healthcare  
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## **Futures Recovery Healthcare**

*Futures approaches the treatment of addiction and co-occurring physical and mental health conditions as chronic medical problems requiring comprehensive and integrated care and a lifetime of self-management.*

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