

Pinnacle Treatment Centers Share Information on Alcohol Abuse And Its Implications

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Mt. Laurel Township, New Jersey based Pinnacle Treatment Centers (PTC) is reaching out to the community to announce that they have published a new blog post where they share information on alcohol abuse, its implications and how it can affect a person's life. PTC hopes that this information will help more people come to grips with this condition and how they can help either themselves or their loved ones seek help if the need arises.

Enjoying a glass of wine or beer after a long, tiring day is common among many people around the world. While there is nothing inherently wrong in this activity (and it can be a nice treat or a way to relieve stress), consuming too much alcohol on a regular basis can lead to alcohol abuse/alcoholism. In most cases, the consumption of more than seven drinks per week on a regular basis is a clear sign of an underlying issue, at which point an individual is considered a "heavy" drinker.

This increased consumption places a strain on their health, as it could potentially lead to alcohol poisoning while increasing their chances of developing carcinogenic diseases. Alcohol abuse can also affect an individual's personal relationships, leading to a physical dependency on alcohol that makes it difficult for them to function normally and further feeds into their substance abuse. This is an issue that, despite often being underestimated, affects millions of people worldwide, causing around 88,000 annual deaths in the US alone due to associated complications.

"Alcohol abuse is a serious issue that is not given enough attention. It has the potential to ruin a person's life, leading them down a road of alcohol dependency and health issues," states Melanie Eilers, a representative of Pinnacle Treatment Centers. "Having a few drinks per week does not mean that someone has issues with alcohol abuse, and even then, they may not necessarily be addicted to alcohol. This is a distinction that is worth making, and for many, it can be a turning point in their lives. Ideally, one would address these issues before they escalate into a situation of dependency, but it is important to remember that there is always a way

forward."

Eilers states that a person who has issues with alcohol abuse is more likely to develop alcoholism, and a person who is referred to as an "alcoholic" has the most severe case of Alcohol Use Disorder (AUD). These two terms are often used interchangeably by the general public but do not mean the same thing. The former, alcohol abuse, is most commonly used to refer to people who present patterns of binge drinking. This is the act of drinking excessively within a short period of time and is seen most commonly among the 18-22 age group. This can lead to alcohol poisoning, seizures, dehydration, nausea/vomiting (which could lead to choking) and unconsciousness.

AUD, or Alcoholism, on the other hand, is the pattern of binge drinking on five or more days during a month. Over time, this causes dependency of alcohol, further enhancing their problems and developing a destructive tendency where someone harms both themselves and the people around them. Both of these patterns of alcohol consumption can be considered alcohol abuse and, in many cases, can end in fatality.

"It is always important to remember that this is not the end of the road. There will always be a way forward if you or your loved ones are struggling with alcohol abuse, though the most important thing is to recognize the problem and accept help," says Eilers. "We have been working for several years helping people overcome their alcohol abuse problems. We can help you find relief regardless of what your unique situation may be, guiding you through the various steps that are necessary to overcome your addiction."

Pinnacle Treatment Centers has several locations in various states across the US, including Pennsylvania, California, New Jersey and so on. Some of the services they offer include Inpatient & Residential Treatments, Intensive Outpatient Treatments, General Outpatient Programs, Partial Hospitalization (PHP), Office-Based Treatments and Medication-Assisted Treatments.

The company's website offers more details on Pinnacle Treatment Centers and their services. Interested parties may contact Melanie Eilers to follow up on any further inquiries. Similarly, the company can be reached through their social media platforms.

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For more information about Pinnacle Treatment Centers, contact the company here: Pinnacle Treatment Centers
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Pinnacle Treatment Centers

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KY, IN, OH, NJ, PA, VA. Accredited.*

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