

Denver Practice Sees Surge Of Interest In Functional Medicine

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Evergreen, CO based New Spring Integrative Medicine is pleased to share that they are receiving many more inquiries from local residents who are interested in functional medicine. Part of this interest, according to the medical facility, has been from those who want to boost their immune systems to deal with the COVID-19 virus. Others have simply expressed a desire to receive treatment for the extreme fatigue and other complications they have endured following exposure to COVID-19.

New Spring Integrative Medicine serves the Greater Denver area and its surrounding communities, offering their holistic approach to Functional Medicine to help ensure the best possible outcomes for each of their patients. The practice takes each patient's genetics, environmental influences, lifestyle, nutrition, digestive health and hormonal balance into account along with the need to minimize markers for inflammation and oxidative stress. Those keen on exploring the subject further will be pleased to know that an appointment for a complimentary phone consultation can be made by calling the practice or filling out their online form. Learn more at the following link: [New Spring Integrative Medicine In Denver](#).

Functional Medicine and Integrative Medicine are considered the future of medicine, and New Spring Integrative Medicine combines both approaches when treating their patients. Their use of this combination of healthcare practices in diagnosis and treatment along with a systems-oriented medical approach to understanding the root causes of a disease enables them to offer the best customized approach to each of their patients.

Healthcare will continue to undergo drastic changes for the foreseeable future, with Functional Medicine and Integrative Medicine providing the foundation for more people to enjoy far better health than ever before. Speaking on behalf of New Spring Integrative Medicine, Dr. Debbie Sainer says, "Our team is dedicated to providing a truly holistic approach to well-being. Helping everyone live more healthy lives is our mission, and we are learning that many of the chronic conditions previously put down to age can be managed in order to

produce better outcomes for our patients.?

Dr. Sainer has been dedicated to taking a holistic approach to medicine throughout her career, having practiced medicine for over 20 years. Dr Sainer was an Emergency Room (ER) Doctor for 17 years, helping many people in their time of crisis. The realization that the ER had become a revolving door, with many people coming in for the same ailments as well as having to undergo return visits, led Dr. Sainer to a different path. Similarly, at the heart of New Spring Integrative Medicine is a dedication to helping their patients and others understand how they could lead healthier lives and reduce the number of ER visits.

It is a sad fact that, while Americans are living longer, many are not living healthier lives and are unable to enjoy the golden years they worked so hard for throughout their careers. Through New Spring Integrative Medicine, Dr. Sainer can provide both Functional Medicine and age management medicine to those in the Denver area, bridging the gap between traditional medicine and other therapies that can help them fight disease as well as the symptoms of aging. Dr. Sainer was diagnosed with Hashimoto's Thyroiditis, an autoimmune thyroid condition, and so she has firsthand experience of the extremely limited options that patients have at their disposal due to traditional medicinal protocols.

Although aging is a privilege, medicine is just starting to make exciting discoveries on how to age well. Patients who visit New Spring Integrative Medicine may receive treatment for almost any disorder, including Irritable Bowel Syndrome (IBS), Chronic Fatigue, Acid Reflux, Adrenal Fatigue, Fibromyalgia, Hashimoto's Syndrome and so on.

The practice has continued to supply many of their recommended nutritional supplements throughout the COVID-19 lockdown as well, which have proved to be very popular for those looking to keep their immune systems working effectively. In line with the practice's focus, they recognize that those recovering from the virus are likely looking for ways to improve their energy and enhance the overall quality of their life as well as lifespan going forward.

Those who wish to find out more about the treatments New Spring Integrative Medicine can offer are welcome to visit the practice's website or call them to arrange an initial consultation. Social media users may connect with New Spring Integrative Medicine on Facebook as well where they share insight on the medical issues that many Americans face. Learn more at the following link: [New Spring Functional Medicine In Denver](#).

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For more information about New Spring Integrative Medicine, contact the company here: New Spring Integrative Medicine Dr. Debbie Sainer (720) 328-8784 2942 Evergreen Parkway, Suite 450 Evergreen, CO 80439

New Spring Integrative Medicine

Dr. Debbie Sainer is dedicated to a holistic approach to your well-being. New Spring Integrative Medicine practices both functional medicine and age management medicine in the Denver area to help you fight disease and the symptoms of aging.

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