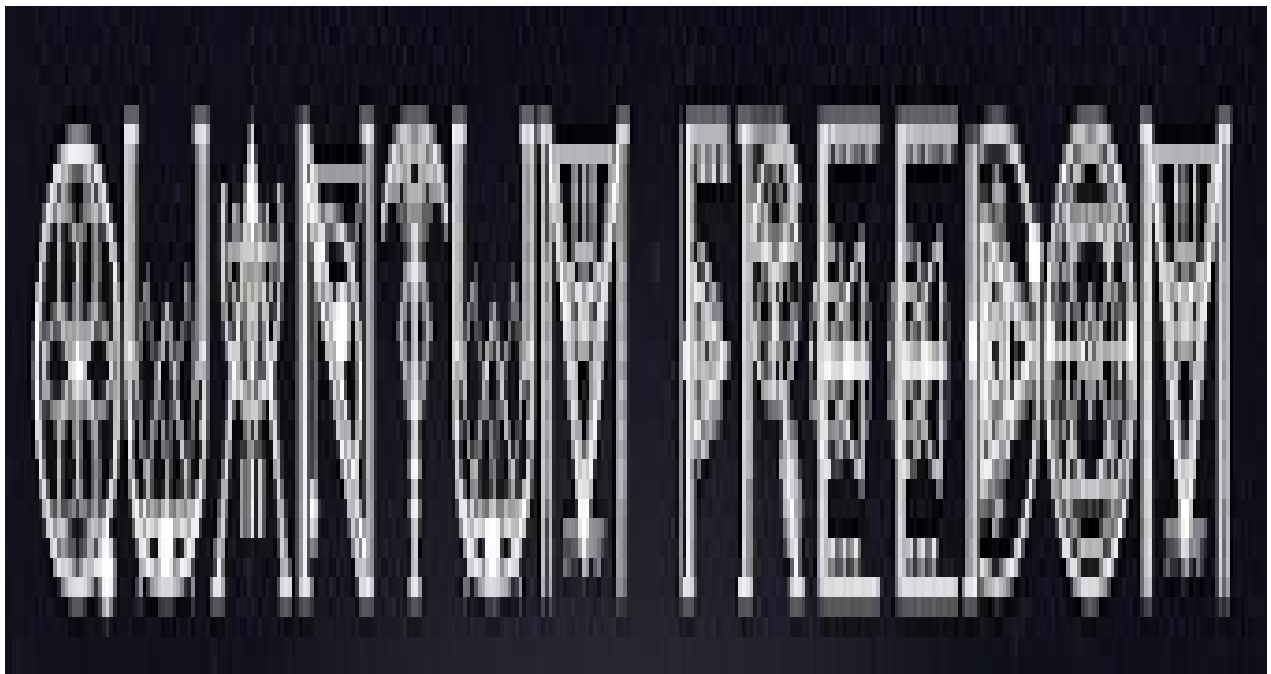




Katherine Caulfield Discusses New Book, Quantum Freedom: The Art of Alchemical Astrology

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Katherine Caulfield, owner of Quantum Freedom, LLC and the author and channel of the Quantum Freedom book series has announced the recent release of the second book in the Quantum Freedom Series, Quantum Freedom: The Art of Alchemical Astrology. Released on March 23, 2020 and published by Lulu, Quantum Freedom: The Art of Alchemical Astrology is available on Amazon, Barnes and Noble and Lulu.com. Following in the steps of the first book in the series, Quantum Freedom: Divine Embodiment, The Art of Alchemical Astrology is another collaboration with the Spirit Collective and serves as a guidebook for those who are ready to integrate astrology into their lives in a practical, livable and breathable way?through alchemy.

Quantum Freedom: The Art of Alchemical Astrology combines two highly sacred and very important realms together: Alchemy and Astrology. And while there are infinite ways in which to weave these two concepts together, like the title suggests, the book does so through a third and equally important realm: Art. Each chapter takes the reader into an astrological archetypal energy (each of the 12 astrological signs) and assists in bringing consciousness to the raw material that is contained within, as well as exploring the dynamics of energy which may have been operating unconsciously up to this point.

According to Caulfield, this book assists us all with the process of refining and transforming ourselves so that all of the energies within us are working for us to make our dreams and aspirations a reality, rather than against us, as they tend to do when left in the shadows. Thus, the Art of Alchemical Astrology is truly a process of illumination and transmutation?from denser energies into refined ones.

"This book is ideal for anyone with a hearty curiosity in both Alchemy and Astrology, as well as an interest in the Art with which they are woven together to create positive, tangible results in their life," Caulfield said. "By reading this book, every astrological archetype within us will get an 'upgrade' which then corresponds not only to that energy at play in our life, but also to whichever month it rules, and the body part it rules as well. It is a beautiful process, and the book is a quick and easy read at only 49 pages so it's not overwhelming with too much information. It's more about the energy and alchemical process behind it than anything else."

To further understand the process, Caulfield gave an example, "If we're talking about Gemini, then while reading Chapter 3, the Gemini Chapter, anything Gemini-related would be upgraded, (mind and mental faculties, communication, learning abilities, information exchange, movement, variety, sharing, transmitting, receiving). When the reader gets to the end of May and most of the month of June, they may notice a feeling of 'smooth sailing' because of the energy upgrade they've received to prepare them for Gemini's annual 30-day reign. Additionally, the nervous system, shoulders, lungs, arms, hands and fingers would benefit, because these are all ruled by Gemini."

The author and channel of the series, Katherine Caulfield, is a certified Reiki practitioner, energy healer, astrologer, channel and spiritual guide focused on cultivating self-love, self-healing and holistic wellness on a global level. With nearly a decade of experience in the realm of nurturing spiritual awakening, Caulfield has been working with and channeling a team of non-physical guides known as the Spirit Collective to bring their messages of love and wisdom to all of humanity through the Quantum Freedom book series and her various one-on-one services.

Services offered by Quantum Freedom can assist interested individuals in a variety of ways. Katherine Caulfield has developed her own form of Quantum Healing, a multidisciplinary approach to healing combining Reiki, energy work and astrological balancing with practical suggestions for whole-being healing. She also offers a wide assortment of readings, depending on the specific needs of her client, ranging from Gnostic Astrology Readings, Soul Purpose Readings and Channeled Answers to specific questions. For those at the beginning of their journey towards spiritual awakening, Caulfield recommends the Higher Self Download, Upgrade or Activation, which help to align one with their divine purpose. For those looking for programs in a group or virtual setting, Quantum Freedom also has webinars available through Zoom like Freedom Flow and Energy Signatures as the Codes to Unlocking our Personal Legends.

More detailed information about all of these different programs and services is available on the Quantum Freedom Services Page. Interested individuals can contact Quantum Freedom by phone at (203) 240-3687 or by email at quantumfreedomllc@gmail.com.

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Quantum Freedom

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