

The Youth Fountain in Freehold NJ Offers 21 Day Meditation Plan, Offering Hope for When Things Are Uncertain

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The Youth Fountain, a medical aesthetic spa based in Freehold, New Jersey, has announced that they are offering a 21 Day Meditation Plan to provide hope when things are uncertain. This is available for free through their website when people request for a subscription to the 21 day plan. For each day of the meditation plan that will last for 21 days, the individual is provided some guidance on how to spend a few minutes to meditate and reap its various benefits, such as having hope during this time when things are uncertain. Those who are interested can simply fill out an online form on the site.

The Youth Fountain is one of the leading providers of aesthetic services, such as CoolSculpting, laser therapy and weight loss procedures, in the Freehold, New Jersey area. They are focused on helping people find the appropriate treatment plan, using a whole-person approach. This means that instead of focusing on just one area, they provide a multi-faceted approach to health and wellness. This is done by utilizing the latest in non-invasive technology to sculpt the body with CoolSculpting®, truSculpt iD, and EmSculpt; facial rejuvenation treatments with PRP and plasma facials, Secret RF, PICO Genesis, and chemical peels; and wrinkle reduction through Botox or Dysport. Those who would like to learn more about The Youth Fountain

and its various services can follow their Facebook page.

One the services offered by The Youth Fountain is body sculpting. These include truSculpt 3D, CoolSculpting, Allura, EmSculpt, Mesotherapy, and Cellusmooth. Each of these can be used for spot treatments, fat reduction, building muscles without exercise, or getting rid of cellulite.

They also offer the Thread Lift procedure, which does not require surgery and has minimal to no downtime. They provide state-of-the-art Thread Lifts with the use of EuroThreads, which are resorbable surgical sutures made up of biodegradable polymers. These EuroThreads lift and tighten skin for up to 15 months after treatment. Thread Lifts can help with many things, including: smoothing of the lines and wrinkles on the face, chest, and neck; smoothing away of crow?s feet; reduction of smile lines and nasolabial folds; smoothing and tightening of neck folds; lifting and tightening of sagging jowls; rejuvenation of mouth area and plump lips; and reversal of years of aging in minutes with minimal to no downtime.

The Youth Fountain also offers plasma treatments to counteract signs of aging, using the patient?s own blood to help in restore the youthful appearance of a particular part of the body. For instance, Plasma FaceLift® is used to recover the face?s younger look. A small amount of blood is taken and this is processed to get platelet-rich plasma (PRP), which when activated, releases growth factors that recruit stem cells and help in regenerating and repairing the tissue in the area where the PRP is injected. The Plasma FaceLift® usually requires an hour to perform but the effects will last for 12 to 15 months.

They also offer IV therapy to supply vitamins, minerals, and other natural substances directly into the bloodstream of the patient. By direct administration of these nutrients into the bloodstream, higher than normal blood levels can be attained and this can result into an immediate therapeutic response because deficiencies are corrected. IV therapy can also be used by healthy people to enhance their nutritional status and help prevent illness. They can also benefit from it when they are feeling dehydrated.

They also provide proactive daily skin care regimens using medical-grade skin care products, such as the award-winning Revision Skincare®, which is a research-based and results-driven skin care line. This is composed of active ingredients, such as peptides, retinol, vitamins, and extracts to stimulate cellular changes deep within the skin to provide firmer, lifted skin, smoothness, brightness, reduced lines and wrinkles, more even tone and texture, and younger-looking luminous skin.

Those who are interested in the medical aesthetic spa services at The Youth Fountain can visit their website,

or contact them on the phone or through email. More about the company, including its location and other important information, can be found through its GMB listing.

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For more information about The Youth Fountain, contact the company here:The Youth FountainDr. Shakov+1 732-333-5992info@theyouthfountain.com501 Iron Bridge Rd Suite 9, Freehold,NJ 07728, United States

The Youth Fountain

The Youth Fountain is central Jersey's premiere medical aesthetic spa. We are dedicated to helping you look and feel your best using the latest in anti-aging technology.

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