

# FUTURES

## RECOVERY HEALTHCARE

### **Futures Recovery Healthcare Publishes Guidelines On Finding Drug And Alcohol Rehabs**

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Tequesta, Florida based Futures Recovery Healthcare is pleased to inform their community that they recently published a new blog post, entitled Drug and Alcohol Rehabs Near Me - Taking the First Steps Towards Recovery. In the article, which can be found on their website, Futures Recovery Healthcare discusses the reason behind the commonplaceness of use and abuse of drugs and alcohol.

As explained in the blog post, alcohol and some drugs have been around for as long as centuries, with alcohol dating back to as early as 7000 BC in China and between 2000 and 3000 BC in India. On the other hand, substances such as opioids can be traced back to the first use of opium in the United States in 1775. Due to the rooted history of these substances, they have already been incorporated into the lives of many people worldwide. In fact, according to the World Health Organization (WHO), there are around 31 million people worldwide who have substance use disorders. Additionally, WHO also reports that there are reportedly 3.3 million alcohol-related deaths across the globe each year.

Deja Gilbert, a representative for the company says, "Due to the large number of people that have substance use disorders, Google searches for local drug and/or alcohol rehab centers have become quite common.

Many not only need help but want help to recover from alcohol use disorders (AUD) and substance use disorders (SUD). While searching for rehab centers is a good start, the real first step is to actually reach out and ask for help. This crucial step is needed in order to start one's journey towards recovery.

Gilbert adds that Futures Recovery Healthcare understands the difficulty of reaching out to the addiction treatment centers as it requires a lot of courage and a strong will to get started on one's recovery journey. Each individual, Gilbert says, has their own unique needs in order for them to recover. This is why it is important to choose the rehabilitation center that is best suited for one's needs.

However, aside from making sure that the chosen center will be able to help substance abusers fully recover from substance use, it is also necessary that the center has support services to help them regain their life. Gilbert asserts that the rehabilitation center must be able to help people become healthier through nutritional programs and physical fitness. Moreover, in addition to physical health, the center should also have programs to help those in recovery discover new hobbies and interests as well as socialize better with other people.

Meanwhile, the company is also pleased to announce that they are ready to be of valuable assistance to those who are looking to recover from their conditions. Gilbert says, "Our organization values the lives of our customers. We want to help you become free of substance addiction and abuse. Rest assured, Futures Recovery Healthcare has a wide range of programs that give coordinated clinical and wellness services. Once you are ready to ask for help and jumpstart your recovery, kindly reach out to our teams so we can immediately personalize a care plan that would best suit your needs."

Futures Recovery Healthcare is a specialized addiction and co-occurring mental health disorder treatment provider with residential and outpatient programs in Palm Beach County, Florida. The center takes pride in featuring a range of comprehensive and coordinated healthcare services that can address the various complex substance use and mental health disorders their clients come to them with. Their programming is oriented toward adults 30 years and older. In addition, Futures offers specialized treatments for underlying pain, eating disorders and trauma.

Furthermore, the company also emphasizes their commitment to providing the highest-available quality of medical care to their clients. To ensure top-quality care, the company takes on only licensed clinicians who have experience in treating individuals and families. The company also adheres to the high-standards of care mandated by America's most significant medical accrediting organization, The Joint Commission. This accreditation and certification from The Joint Commission is recognized countrywide as a symbol of quality that reflects the organization's dedication to meeting performance standards.

Futures Recover Healthcare is a company that combines time-tested evidence-based therapies with innovative approaches. Those interested may find more information on the company's website, and they may connect with Futures Recovery Healthcare via social media to stay up to date with their latest news and important announcements.

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For more information about Futures Recovery Healthcare, contact the company here: Futures Recovery Healthcare  
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## **Futures Recovery Healthcare**

*Futures approaches the treatment of addiction and co-occurring physical and mental health conditions as chronic medical problems requiring comprehensive and integrated care and a lifetime of self-management.*

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