

# Duluth GA Chiropractor Publishes Blog Post on How Chiropractic Care Can Help Relieve Allergies

*June 02, 2020*

DULUTH, GA - June 02, 2020 - PRESSADVANTAGE -

Arrowhead Clinic, a Duluth Georgia chiropractor clinic, has announced that they have recently published a blog post on how chiropractic care can help relieve allergies. While chiropractic care is not really a specific allergy treatment, it provides a natural method of healing that may help the body in functioning at its optimal level. When the body achieves its optimum level, this will also boost its immune system, and may therefore help relieve allergies because such conditions occur due to an overactive response of the immune system to a particular chemical.

Dr. Darris Gentry, one of the chiropractors at Arrowhead Clinic, says, "Most people who have allergies are prescribed medication. However, that does not offer a cure. Like many medications, it only treats the symptoms of the problem and not the underlying problem. Many people may be unaware of the benefits of chiropractic care when it comes to dealing with allergies. The main benefit of chiropractic care is that it treats your problems at the source, rather than just masking their symptoms."

The chiropractor will focus on releasing the pressure on the patient's nervous system, allowing the immune system to function more efficiently. It should be noted that both the respiratory system and the immune system depend on proper communication between the brain and spinal cord to regulate and coordinate their functions. When this communication system is interrupted by a subluxation or misalignment, the immune system may suffer and be unable to do its work properly, possibly resulting into an allergy.

Dr. Gentry points out that chiropractic care is the most holistic approach for the treatment of allergies because it doesn't have the adverse side effects that usually accompany pain medication. And aside from boosting the immune system, chiropractic adjustments may also help in regulating cortisol levels during the peak allergy season. What many people don't realize is that misalignment of the spine can affect their body's allergic reactions.

Arrowhead Clinic has been providing chiropractic care for more than 40 years. They have been specializing in offering chiropractic care for accident injury victims, neck and back pain, and slip and fall accident victims. They also provide treatment for people with work injuries or sports injuries.

Motor vehicle accidents are one of the leading causes of personal injury in Georgia. And Arrowhead Clinic has been offering chiropractic care to victims of such accidents for more than 40 years. Injuries from such accidents can have a significant impact on the victims' lives because of the pain and decreased mobility that they often have to endure. At Arrowhead, they offer both chiropractic and medical care for a customized treatment based on each patient's unique condition, pain levels, and needs.

For neck and back pain, the experienced chiropractors at Arrowhead Clinic are certified and licensed doctors who focus on reducing pain throughout the body by applying gentle and non-invasive chiropractic methods. They will assess the spine as a whole, and they may advise the patient on stress management, nutritional changes, lifestyle goals, posture, and sleeping positions. Before coming up with a specific and customized treatment for a particular patient, they will first perform a comprehensive examination to diagnose the root cause of the pain. They will also determine those areas that are limiting movement, and they will assess how the patient walks, including spinal alignment and posture. In addition to a physical exam, they may also take a look at the patient's past medical history, and may request for imaging tests, like an x-ray or an MRI.

People who are victims of slip and fall accidents may also want to consult with the chiropractors and doctors at Arrowhead Clinic. Those who suffer from slip and fall injuries may experience trauma to the bones, muscles, joints, and ligaments. They will order some tests and check the patient's medical history to determine the root cause of the pain and develop the specific treatment.

Those who are interested in chiropractic care for allergies in Duluth, Georgia may want to check out the Arrowhead Clinic website, or contact them on the telephone or through email. They are open from 9:00 am to 7:00 pm, from Monday to Friday.

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For more information about Arrowhead Clinic - Duluth, contact the company here: Arrowhead Clinic - Duluth Dr. Darris Gentry, DC (770) 525-1431 info@arrowheadclinics.com 2131 Pleasant Hill Rd #122, Duluth, GA 30096

### **Arrowhead Clinic - Duluth**

*At Arrowhead Clinic, our doctors have been serving the Duluth, GA community for over 48 years with the best*

*Chiropractic treatment. Chiropractic treatment offers treatments that are always all-natural and safe and preferred by auto injury victims.*

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