

Marietta Whiplash Chiropractor Publishes New Blog Post On Whiplash Symptoms

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Arrowhead Clinic, a Marietta, Georgia based chiropractic clinic, recently published a new blog post that explores the signs and symptoms of whiplash. The clinic states that they aim to educate the general public about this condition so they will know when to seek professional help.

As noted in the blog post, whiplash is an injury caused by the rapid extension of the muscles and ligaments of the cervical spine, forcing them to be stretched beyond the normal range of motion. As a result, the person's head and neck is abruptly forced forward and backward, similar to the cracking of a whip.

Dr. Valentina Adcock of Arrowhead Clinic says, "Most patients first experience symptoms of whiplash 24-72 hours following their accident or trauma. Due to the delay before pain is felt, some patients may feel completely fine, so they will not seek further medical attention and evaluation. However, even if you think you feel okay at first, it is very important to pay attention to any physical changes in your body for a couple of days and weeks following any car accident injury." According to Dr. Adcock, whiplash is quite common, especially because it can be caused not just by trauma in high speed accidents but also in fender benders. In fact, she states that most whiplash injuries happen in car accidents where the vehicles involved were moving between 6-10 mph.

Some of the symptoms of whiplash, as listed in the article, include neck and upper back pain, headaches and migraines as well as fatigue and insomnia. Learn more about the clinic and how they address such issues at the following link: [Marietta Whiplash Chiropractor](#).

Dr. Adcock asserts that, even though whiplash is a common injury, it still should be treated immediately. She states that whiplash may continue to cause pain and discomfort in the long run if not addressed immediately. She adds, "If you think you are suffering from whiplash or you would like to know more information about this condition, please do not hesitate to let our team of medical doctors and chiropractors in Arrowhead Clinic

take a look at your accident history. Rest assured, our team of licensed Marietta chiropractors are highly skilled in treating whiplash and other accident related injuries.?

She adds that their team of expert chiropractors has put together a series of non-invasive chiropractic treatment plans that can help relieve a patient's pain. The clinic always focuses on the problem and how to get rid of its root causes, which serves to alleviate the symptoms that the patient is experiencing.

As noted on the clinic's website, Arrowhead Clinic offers a wide range of chiropractic care services that include comprehensive programs and treatments for people who were involved in auto and truck accidents. The clinic notably boasts 40 years of medical experience in treating injuries sustained in automobile accidents. Arrowhead Clinic has also published an ultimate guide to handling car accident injuries, which contains advice that can help victims heal and recover faster. According to the guide, going to a chiropractor is usually recommended after a motor vehicle accident because chiropractic doctors specialize in treating soft tissue injuries, nerve damage and spinal misalignments, all of which are known to appear after a car wreck. The guide also explains that most people involved in car accidents usually sustain back and neck injuries, and injuries of this sort are most effectively treated by chiropractic manipulation and other natural therapies.

The clinic offers treatment for neck and back pain, pain due to slip and falls, sports injuries and so on. Arrowhead Clinic is also pleased to announce that they offer free chiropractic consultations in order to evaluate the intensity of a patient's injury and advise them of the most suitable treatments that can address their condition. To avail themselves of the clinic's free chiropractic consultation, interested parties may visit their website and fill the required form.

As noted on the clinic's website, Arrowhead Clinic was founded by Dr. Harry W. Brown, D.C., in 1979. Dr. Brown is a native of Atlanta, Georgia and a graduate of the Logan College of Chiropractic. He opened his first Chiropractic Office in Savannah, Georgia in 1977 and, through his team's dedication in providing the highest levels of patient care, Arrowhead quickly became one of the largest chiropractic facilities in the greater Georgia area. Today, Arrowhead Clinic has a total of 17 chiropractic clinics in Atlanta, Athens, Savannah, Brunswick, Albany and Hinesville.

Arrowhead Clinic gives utmost importance to the health and welfare of their patients and is dedicated to utilizing effective natural treatments and programs to address their condition. Those interested may find more information on the company's website. Similarly, social media users may connect with Arrowhead Clinic via their preferred platforms to stay up to date with their latest news and announcements.

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For more information about Arrowhead Clinic Chiropractor Marietta, contact the company here:[Arrowhead](#)

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Arrowhead Clinic Chiropractor Marietta

Arrowhead Clinic is a Chiropractic Clinic serving Marietta, GA that specializes in helping car accident victims. To help all patients, Arrowhead's approaches to care are safe, gentle and always all-natural.

Website: <https://www.arrowheadclinic.com/chiropractor/georgia/marietta>

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