Los Angeles Chiropractor Announces New Location in Westwood

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Active Body Chiro-Care, a chiropractic care clinic in Los Angeles, California, has announced that they can now serve people who are looking for a chiropractor in Westwood. They want people to know that their team of chiropractors in their new location in Westwood can help patients recover from an injury and live a full and healthy life. Their services include chiropractic adjustments, massage therapy, nutrition and lifestyle advice, and Kinesio taping. Their mission is to use a holistic integrated approach to treating illness or injury.

Dr. James Hogan, who heads the team of chiropractors at Active Body Chiro-Care, says, ?Our holistic chiropractors in Westwood have training in sports injury chiropractic and keep up with the latest advances and technologies. This allows us to provide the highest level of care for you, healing your underlying health complaints and bringing about a state of optimal wellness. We strive to keep our patients healthy, so that they do not fall ill.?

He continues, ?We welcome any Westwood patients who have illness or injury and who wish to heal naturally. We assist patients of all ages and levels of health, including professional athletes and collegiate athletes who wish to maintain their fitness. We accept appointments over the phone or via our secure online

contact form. Do not hesitate to be in touch. We are standing by to welcome you along your journey to optimal health.?

They also want people to know that they also have a South Bay office where they can serve the needs of people who need a chiropractor in Hawthorne and South Bay. In their South Bay office, they offer a comprehensive range of complementary health services to help their patients attain their wellness objectives. They can offer their help to those who want to strengthen their muscles after suffering from an injury, want to end their chronic pain through holistic care that doesn?t depend on pain-masking medications, or want to lose weight.

They combine the use of both modern and ancient healing techniques to bring the body back to a state of wellness. This is based on the principle that if the spine in aligned appropriately, the nervous system and the immune system will be functioning at optimum levels. The result is that people are able to sleep better and they have higher energy levels. They will have less colds and will feel better both physically and mentally.

Drug-free pain control is provided by treating the root cause of the pain. Through regular treatments at the chiropractic care clinic, people are able to get back control of their health and maintain good health and peace of mind.

There are many conditions that can be treated at Active Body Chiro-Care. These include foot or ankle pain, headaches and migraines, arthritis, carpal tunnel syndrome, neck pain, back pain, temporomandibular joint (TMJ) pain, nerve problems, sciatica, shoulder pain, rotator cuff injuries, frozen shoulder, shoulder pain, knee pain, tennis elbow, golfer?s elbow, ergonomic injury, and auto accident injury.

One of their chiropractic care techniques is the Active Release Technique (ART). This is a soft tissue massage method for the muscles, nerves, and tendons. Some of the conditions that may be treated by ART are tennis elbow, knee problems, carpal tunnel syndrome, sciatica, and shoulder pain. All of these are caused by overused muscles, which result into the accumulation of scar tissue in the muscles. ART is used to loosen the scar tissue from the affected muscle, thus relieving the tension and allowing the muscle and the surrounding tissues to heal naturally.

The team of chiropractors at Active Body Chiro-Care can also treat victims of car accidents. They can provide the necessary care for whiplash or neck pain or they can simply realign the spine following a car collision.

Those who are looking for a sports chiropractor in Los Angeles may want to check out the Active Body Chiro-Care website, or contact them on the phone or through email. Their office hours in Westwood and

South Bay are from 9:00 am to 6:30 pm on Mondays and Wednesdays, and from 9:00 am to 6:00 pm on Fridays.

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For more information about Active Body Chiro-Care, contact the company here:Active Body Chiro-CareDr. James Hogan(310) 699-9299Jhogan@activebodychirocare.com10960 Wilshire Blvd, Los Angeles, CA 90024

Active Body Chiro-Care

Dr. James Hogan is a licensed Chiropractor serving the West Hollywood, Santa Monica, Los Angeles, Beverly Hills and Hawthorne community. Dr. James Hogan works with patients of all ages and physical abilities, including professional athletes.

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