



Car Accident Chiropractor In Lithia Springs Publishes Article On The Effects Of A Car Accident

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Arrowhead Clinic, a Lithia Springs, Georgia based chiro care clinic, recently published a blog post on the effects of car accidents on the human body. Car accidents generally affect people's bodies in a number of ways beyond the most obvious, like visible injuries. Anyone who has ever been in a car accident or any other event may have noticed an extreme sense of urgency take over their body, a reaction which is meant to give one the ability to react more quickly to danger. Known as the fight or flight response, it has many uses and can have both positive and negative effects.

Many patients report auto accident injuries arising 2-3 days after the incident and often leave a crash reporting no injuries, the blog post says. What is the science behind this, and does this protect us from harm? Natural hormones are secreted throughout the body when we undergo a traumatic event. Car accidents aren't the only thing that can spark this reaction. Other activities that can induce these chemical reactions are bungee jumping, skydiving, a nail-biting football game, stunts, and even watching a movie or reading a book. We usually don't think twice about these heightened senses, but when our lives are threatened, we develop an instinctive defense against danger. Experiencing a car accident certainly qualifies as a catastrophic event.

The reaction is triggered by the release of adrenaline into the body. It dates back to the most ancient humans and can be found in many other species. It gives one the ability to react to dangerous or unexpected situations better. Adrenaline causes blood vessels and air passages to dilate so the body can pass more blood to the muscles. This results in a massive boost to physical performance for short bursts of time and, more often than not, this occurs during a car accident. It is the reason many people do not feel any pain even after being seriously injured.

Adrenaline also has a number of serious after effects. Shaking hands and a feeling of weakness are caused by a rapid decline in blood sugar as the adrenaline rush passes. Some people faint after experiencing an adrenaline rush due to their blood pressure and heart rate suddenly falling back to normal.

Both the accident and the release of hormones during the accident can seriously affect a person in a number of ways, and it is important to seek medical attention after the accident (especially from a chiropractor as accidents often cause spinal injuries). As the blog post says, "Your doctor will be able to tell you if you've sustained any injuries, even if you don't feel like you have. Your doctor can also monitor any symptoms of potential injuries, including red flags to watch out for. And if you decide to make any personal injury claim after your injury, it's imperative you have documentation of your treatment. You need to be able to prove that you sought medical help within a reasonable amount of time. Waiting too long to see a doctor could risk losing your claim due to the fact of insufficient medical care after an accident."

In Lithia Springs, one can find the chiropractic care they need at Arrowhead Clinic. Our Lithia Springs car accident chiropractors are all highly qualified, and they are well aware of every way in which an accident can affect one's body. As such, they are always ready to help their patients get the treatment they need. Many have visited Arrowhead looking for help with their injuries and had great things to say about their experiences as well. One can find dozens of reviews on multiple platforms discussing how Arrowhead Clinic provides a wide range of chiropractic treatments for car accident victims.

"I've seen Arrowhead commercials on television for years but never needed them," says a patient named Yolanda. "When I was injured in a serious car accident, I remembered their name first. They saw me immediately, helped relieve my pain and even helped me find a great injury attorney after my car wreck. Without their professional services and expert documentation, my attorneys wouldn't have been able to get me a great settlement. Thanks, Arrowhead. I've always heard how good you were and you proved it!"

Find out more about Arrowhead Clinic's chiropractic care for car accident injury on the clinic's site. Interested parties may direct any further inquiries to Dr. Calvin Erhabor.

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For more information about Arrowhead Clinic - Lithia Springs, contact the company here: [Arrowhead Clinic -](#)

Lithia Springs Dr. Kristian Rainge-Campbell (770) 501-7716 info@arrowheadclinics.com 351 Thornton Rd Suite 119, Lithia Springs, GA 30122

Arrowhead Clinic - Lithia Springs

Arrowhead Clinic has been around for over 48 years providing Lithia Springs residents with the highest quality auto accident injury Chiropractic Care. Arrowhead Chiropractic care is safe and natural so your body is restored back to its optimal health.

Website: <https://www.arrowheadclinic.com/chiropractor/georgia/lithia-springs>

Email: info@arrowheadclinics.com

Phone: (770) 501-7716

