

New Pinnacle Treatment Centers Blog Article Discusses: What Is Alcohol Addiction

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Pinnacle Treatment Centers has just posted a blog article on their website that is titled "What is Alcohol Addiction?". This reputable alcohol and drug treatment centers decided to post this blog because of all the misconceptions that people have regarding alcohol addiction. The article discusses what alcohol addiction really is all about and some of the ways to treat it. It is a good source of information for those who are going through alcohol addiction themselves and their loved ones who suffer because of it too.

Melanie Eilers, Director of Communications for the Centers, says, "There is a lot of false information and misconceptions out there in society regarding alcohol addiction. This is less than ideal because it does not give those battling alcohol addictions and those that want to help them a clear picture of what they are actually dealing with. That's exactly why we decided to write and post this new blog. We deal with treating these individuals every day and we make it our business to know what the root causes are for this illness, the symptoms, and the different treatments that have been used to help those suffering from it move beyond it. Now we are passing this information on to everyone who wants to know it so they can better understand how to help or get help if they or someone they know is going through this."

The very first piece of information that the blog post discussed was the short and long-term impact of drinking too much. It noted that as bad as the short-term effects of it are such as vomiting and headaches, the long-term effects were much more significant. In the article, it says that long term effects from being addicted to alcohol are damage to the brain, heart, liver, pancreas, and immune system, and it has even been shown to increase a person's risk of certain cancers. All of which can be devastating to the body. The article went on to say that the National Institute on Alcohol Abuse and Alcoholism (NIAAA) defines alcohol addiction or alcohol use disorder (AUD) as a chronic and relapsing brain condition characterized by the inability to stop or cut down on the use of alcohol despite adverse consequences with one's social life, health, and job.

The article also went over some of the symptoms of alcohol addiction. These include drinking more than

intended or longer than planned, often being sick from drinking, having alcohol cravings or ?needing? a drink, negating family, work, or school responsibilities to drink or because you were sick from prior drinking, and continuing to drink despite negative consequences with family, friends, work, or having it result in legal issues. The newly posted blog also mentioned that although someone going through alcohol addiction may feel lonely, hopeless, and full of pain, it?s important that they remember they are not alone and there is help. Some of the treatments that are available to help people recover from alcohol addiction include medically-monitored detoxification/withdrawal management, inpatient residential treatment, sober living groups, and intensive and general outpatient programming.

Eilers went on to say that there is no one size fits all solution to alcohol addiction recovery. That?s why they at Pinnacle Treatment Centers will use their experience to develop a recovery treatment that is tailor-fit to give each of their patients the best chance of recovery from this very impactful illness. She says that over the years the health professionals on staff at their clinics have developed and implemented several ways to help people successfully recover from alcohol addiction. The director of communications for the centers added that they have treatment facilities spread out all across the USA for those seeking help from alcohol addiction. This includes treatment centers in such states as California, New Jersey, Indiana, Kentucky, Ohio, Virginia, and Pennsylvania. She says that more details on Pinnacle Treatment Centers locations and treatment programs can be found on their website.

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For more information about Pinnacle Treatment Centers, contact the company here: Pinnacle Treatment Centers
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Pinnacle Treatment Centers

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