



Premier
Hemorrhoid Center
of San Diego

Premier Hemorrhoid Center Shows How to Get Hemorrhoid Treatment Near Me

June 30, 2020

June 30, 2020 - PRESSADVANTAGE -

Premier Hemorrhoid Center, based in San Diego, California, has shown through a blog post how to get hemorrhoid treatment in San Diego and nearby areas. The article discusses the various hemorrhoid treatment alternatives, including at-home treatments. Premier Hemorrhoid Center has a team of doctors and medical professionals who specialize in hemorrhoid treatment for patients of all backgrounds and ages. The medical clinic is conveniently located at Kearny Villa Way to serve residents of San Diego and neighboring areas.

Dr. Ron Gertsch, medical director of the Premier Hemorrhoid Center, says, "If you're in need of a hemorrhoid treatment near me, contact us today to schedule a consultation and review your options. Premier Hemorrhoid Center offers both surgical and non-surgical treatments, including hemorrhoidectomy, rubber banding, hemorrhoidal arterial ligation (HAL), laser treatment, and harmonic scalpel. Contemporary treatment options are more advanced than ever, and the Premier Hemorrhoid Center offers best-in-class options to meet your needs, including the THD Doppler Hemorrhoid System, hemorrhoid surgery, at-home treatments, and prevention techniques."

THD Doppler is a surgery-free alternative for getting rid of hemorrhoids through ultrasound technology. THD stands for transanal hemorrhoidal dearterialization and THD Doppler helps the doctor locate and get rid of the blood supply of the hemorrhoid. The involved arteries are located using a proctoscope and each artery is then sutured through a small opening in the proctoscope. For patients with prolapsed hemorrhoidal cushions, additional sutures may be provided. Although the procedure is performed by a surgeon, there is no cutting or removal of tissue. Patients will experience little discomfort during the procedure and such discomfort usually subsides after 24 to 48 hours.

In a number of cases, hemorrhoid surgery or hemorrhoidectomy may be needed. During this procedure, the surgeon will make small cuts to eliminate hemorrhoid tissue. This method is usually recommended for patients with large, inflamed, and reoccurring hemorrhoids. The experienced and knowledgeable doctors at Premier Hemorrhoid Center will perform a thorough consultation with the patient to determine if this is the appropriate option.

Meanwhile, at-home treatments may also be an effective way to deal with the pain and discomfort that come with hemorrhoids. One at-home treatment option is the sitz bath. This is a warm, shallow bath that can be utilized to clean and soothe the area of hemorrhoids. This is easy to do at home because it will only require using the bathtub or a small basin. The doctors at Premier Hemorrhoid Center will offer advice on whether the sitz bath is a good choice for the patient after initial consultation.

Another option for at-home treatment is changing the patient's diet and eating habits. After a detailed assessment, the team of doctors at Premier Hemorrhoid Center may recommend some changes to the patient's diet and hydration habits as a way to alleviate hemorrhoids. A number of hemorrhoid patients may benefit by increasing their hydration levels, boosting their fiber intake, or getting more exercise. It is important to note that consulting with a trained medical professional is essential because there is no one-size-fits-all solution to health when making changes to a person's diet or lifestyle.

The doctors at Premier Hemorrhoid Center will work with each patient and undertake a holistic approach to find the best possible solutions for both short-term relief and long-term prevention of hemorrhoids. During the initial consultation, the doctor will examine potential issues, such as the presence of external or internal hemorrhoids, rectal bleeding, swollen blood vessels, bloody stools, and the patient's medical history.

During the consultation, the doctor may also use a number of tools to aid in the analysis. One such tool is the anoscope, which is a hollow, lit tube that may be used to view internal hemorrhoids. A proctoscope may also be used in a number of cases to examine the rectum. To make sure that the colon and other digestive functions are healthy, the doctor may also perform a colonoscopy.

Those who would like to learn more about hemorrhoid treatment or want to book a consultation may want to check out the Premier Hemorrhoid Center website, or contact them on the telephone or through email. They are open 24 hours a day, every day of the week.

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For more information about X, contact the company here: XDr. Ron Gertsch(858) 449-9424 info@premierhemorrhoidcenter.com 5225 Kearny Villa Way, San Diego, CA 92123

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Premier Hemorrhoid Center is a leader in Hemorrhoid Treatments both surgical and non surgical.

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