



Steadfast Tree Care Explains How Virginia Residents Can Improve the Environment by Planting Trees

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Virginia's well-known tree company, Steadfast Tree Care, wants the community to be aware that planting trees is the most effective step that the average person can take to improve the environment. At their recent posting at <https://steadfasttree.care/tree-trimming-studley-va/> the company explains that in addition to their other benefits, planting trees can actually help towns and cities deal with flooding. Flooding seems to be a more frequent challenge in recent years the world over.

Trees do this impressive feat by absorbing a great deal of water through their roots – up to 450 liters a day, for a leafy tree, according to "Trees for Cities." The trees will also capture rainwater on the surface of their leaves. Their roots also reduce soil erosion in the ground and slow the filtration of water into our cities' drainage networks.

Phillip Wood, a spokesperson for Steadfast Tree Care said, "There is a very old adage that says 'The best time to plant a tree is 20 years ago. The second-best time is today,' and that's absolutely the truth. People

ask us frequently what can be done to protect the environment and honestly planting trees is one of the very best choices the average person can make.?

Steadfast Tree Care does not just cut trees down and grind stumps; they also care for living trees and help homeowners deal with any problems or shaping that the trees may need. Information about all of its work can be found here: <http://id.steadfasttree.care>.

?We aren?t just interested in cutting things down,? Mr. Wood continued. ?We want to help people learn about trees and the ways they help the environment.?

Researchers have found that being around trees reduces the levels of stress chemicals in our brains. Trees literally lower our anxiety and stress. Further, people are more likely to go outside and exercise if it means being in green spaces with beautiful trees.

Mr. Wood continued, ?It is easy to feel helpless when we consider flooding, but the truth is that trees can play a major role in helping to keep that flooding at a minimum.?

Most people are aware that a single mature tree can absorb up to 48 pounds of carbon dioxide in a year. Globally our forests absorb about 40% of manmade CO2 emissions before it reaches our outer atmosphere where it can trap more heat. Obviously, because of their size and density, trees are much better at this than smaller plants.

Based in Ruther Glen, VA , Steadfast Tree Care offers the fully featured services one would expect from tree experts and they are committed to sharing its knowledge, which is why its website offers a blog and information such as the post at: <https://www.pressadvantage.com/story/36749-steadfast-tree-care-offers-tips-to-rockville-residents-on-starting-a-tree-planting-project-in-their-y>. which is helpful in planning tree care.

Steadfast? s services include tree trimming, tree removal, storm cleanup, debris removal, land clearing, stump grinding, and emergency tree services. ?It is probably not common knowledge,? Mr. Wood said, ?but it is possible to actually prepare a tree for a coming storm ? doing pre-emptive trimming, assessment, and pruning. We also, of course, do tree cleanup and removal after storms and disasters.?

In addition to the structural reasons why trees may need services, there are cosmetic reasons as well. An expert such as those at Steadfast will help home and business owners know what the choices are when their trees begins to appear overgrown. Trees can be shaped by strategically cutting and shortening some of their limbs and branches. But this cannot be done randomly, nor by anyone; Steadfast? s years of experience means that they know which limbs or branches to cut to ensure that the tree?s health will not be negatively

affected. Meanwhile, tree pruning will also be needed to get rid of any dead branches and overgrowth.

Those who would like to know more about tree removal and other related services offered by Steadfast Tree Care may want to visit their website at <https://sites.google.com/site/steadfasttreecaretreetrimming/>, calling or sending an email.

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For more information about Steadfast Tree Care, contact the company here: Steadfast Tree Care Phillip Wood (877) 279-3085 support@steadfasttree.care Steadfast Tree Care Ruther Glen, VA 22546

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Steadfast Tree Care provides professional tree services to central Virginia property owners including tree trimming, tree removal, storm cleanup, debris removal, land clearing, stump grinding, and emergency tree services.

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