Marietta Car Accident Chiropractor Explains the Nature of Soft Tissue Injuries After Car Accidents and How They Are Treated

June 29, 2020

Marietta, Georgia - June 29, 2020 -
Arrowhead Clinic in Marietta, Georgia, has announced that they have recently published an article that explains what soft tissue injuries after a car accident are and how they are treated. While some people may believe soft tissue injuries are not a big deal because they aren?t visible and the symptoms are not usually felt immediately after the incident, they can result in a lifetime of problems if they are left untreated. Seeking medical attention by consulting a chiropractor after a car accident is the best way to make sure that the victim will be able to recover after the accident.

Dr. Valentina Adcock, chiropractor and spokesperson for Arrowhead Clinic in Marietta, says, ?Chiropractic treatment is great for soft-tissue injuries. Chiropractic care treats the root cause of the injury instead of just masking the symptoms as a painkiller would. Muscle relaxers, anti-inflammatories, and pain relievers do nothing to improve the outcome of injured tissue. Chiropractic care offers a unique approach to these soft-tissue injuries that many other health care providers do not. Chiropractors restore your body?s systems, allowing your body function that way it was meant to and heal itself.?

She continues, ?The expert car accident chiropractors at our clinic can provide patients with world-class chiropractic care and refer them to personal injury attorneys if necessary. This gives the patients the best opportunity to heal from their injuries, as well as obtain financial compensation after their accident. If you or someone you love has been involved in an accident, schedule a consultation with one of our chiropractors as soon as possible.?

According to the article, soft tissue injuries include contusions, whiplash, and sprains and strains. A contusion in simple terms is a bruise and is caused by a direct or repeated blow such that the underlying connective tissues and muscles are crushed, although the skin is not broken. The discoloration that is noticeable where there is a contusion is due to blood pooling around the injured muscle fibers and connective tissues. Contusions are common injuries during car accidents.

Whiplash occurs when the head and neck are violently moved back and forth. Common symptoms of whiplash include sharp neck pain, neck stiffness, back pain, and cognitive problems. The onset of these symptoms is often delayed by days or even weeks, but it may take months or even longer for the symptoms to go away, depending on the severity of the injury.

A sprain is due to a ligament that was stretched or torn. These ligaments are the connective tissues that connect one bone to another. With the ligaments torn or stretched too far, the joints lose their stability and support. Sprains usually occur in the wrists, knees, and ankles. Meanwhile, a strain is an injury to the muscles or tendons. Strains typically happen in the back, legs, and feet.

Soft tissue injuries may actually be dangerous because, often, they are not appropriately treated. For instance, those who have a sprained ankle will usually just go to the pharmacy and buy a painkiller, foot sleeve, or compression wrap. They will often avoid consulting with a doctor. Unfortunately, if the injury is not diagnosed correctly, the damage could get worse if the proper treatment is not provided. Later on, the damage could be so debilitating that it may require surgery. Thus, it is advisable to consult a chiropractor or medical professional regarding a soft tissue injury as early as possible to avoid more invasive treatments in the future.

Chiropractic treatment will focus on the root cause of the injury and will not simply prescribe the use of painkillers. Chiropractors will provide a unique approach for the treatment of soft tissue injuries by restoring the body?s systems, allowing the body to function properly and heal itself.

Those who need the services of a car accident chiropractor in Marietta may want to visit the Arrowhead Clinic - Marietta website or contact them through the telephone, or via email. They are open from 9:00 am to 7:00

pm, from Monday to Friday, and from 9:00 am to 2:00 pm on Saturdays.

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For more information about Arrowhead Clinic Chiropractor Marietta, contact the company here:Arrowhead Clinic Chiropractor MariettaDr. Douglas Mills(770) 626-7745info@arrowheadclinics.com200, 1395 South Marietta Pkwy SE #228, Marietta, GA 30067

Arrowhead Clinic Chiropractor Marietta

Arrowhead Clinic is a Chiropractic Clinic serving Marietta, GA that specializes in helping car accident victims. To help all patients, Arrowhead's approaches to care are safe, gentle and always all-natural.

Website: https://www.arrowheadclinic.com/chiropractor/georgia/marietta

Email: info@arrowheadclinics.com

Phone: (770) 626-7745