



Massage Clinic Near Tacoma that Takes Insurance Allows People to Benefit from Massage Therapy

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Unlocking The Body Massage Therapy, which is located in Puyallup, just 10 miles from Tacoma, Washington, has revealed that people can benefit from massage therapy while paying less out of pocket for their sessions by using their health insurance plans. With massage therapy, people may be able to solve their pain issues without having to resort to pain medication and temporary fixes. This massage clinic near Tacoma that takes insurance offers medical massage therapy, which is a results oriented and specifically focused on resolving conditions that have been diagnosed by a physician, naturopath, or chiropractor. It is important to note that a diagnosis code from a physician, chiropractor, or naturopath will be required when billing for massage therapy.

Jennifer Bull, owner of Unlocking The Body Massage Therapy, says, "Many people are unaware massage therapy is a covered benefit under most health insurance plans, or if you are in a car accident or hurt on the job. We can help you utilize these benefits and pay less out of pocket for your massage therapy sessions. Stop trying pills and temporary fixes to solve your pain issues. We are just a phone call away. We can help you figure out how to get the massage therapy that you need without having to break your budget."

With their medical massage therapy, the therapist may use a number of procedures or modalities but will focus the treatment only on those areas of the body that are related to the diagnosis and prescription. At present, the massage clinic accepts the following carriers: Blue Cross/Blue Shield, Amazon, Regence, First Choice Health Network, VA - Community Care, Teamsters, work related injuries, Kaiser Options or Access, car accidents with personal injury protection, and United Healthcare.

There are various benefits of medical massage therapy. These include the ability to: release tight and sore muscles that can cause ischemia; reduce pain and inflammation; deactivate myofascial trigger points; reduce stress and improve circulation; release muscle tension for muscles in spasm; help release toxins such as lactic acid produced by muscles during exercise; restore strength and suppleness of the muscles; aid in digestion; enhance flexibility and range of motion; calm the nervous system; improve posture and coordination; and help prevent future chronic pain conditions.

Aside from massage therapy, Unlocking The Body Massage Therapy also provides other services that can promote better health and well-being, such as flotation therapy in Tacoma. This is also known as sensory deprivation because it allows people to be in a zero-gravity environment that allows them to relax and meditate. People can completely relax because there is no need to fight gravity or take in external information.

This is done inside a glass enclosed float pool. The float pool at Unlocking The Body Massage Therapy has 250 gallons of solution with 1,200 pounds of epsom salts dissolved in the water to allow a person to float weightlessly. It is different from the smaller pod enclosure used in other facilities that can make a person feel claustrophobic. Their float pool has sufficient space for people to avoid feeling claustrophobic or worrying that they are breathing recycled air. Flotation therapy may help people relieve stress, combat addiction, recover from injuries, reduce inflammation, alleviate chronic pain, minimize anxiety, and more.

Research studies have revealed that floating can increase people's dopamine and endorphin levels, thus enhancing their mood and leaving them with a pleasant afterglow that may last for days after the session. In addition, the epsom salt has been observed to be good for releasing muscle tension, reducing inflammation, and regulating the nervous system.

People who are interested in the services of a Puyallup massage clinic may want to visit the website of Unlocking The Body Massage Therapy, or contact them through the telephone or via email. They are open from 8:00 am to 7:00 pm on Mondays, from 7:30 am to 8:00 pm from Tuesday to Friday, and from 8:00 am to 3:00 pm on Saturdays. It is advisable to call them first to set an appointment because the hours may slightly vary due to the Covid-19 situation.

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For more information about Unlocking The Body Massage Therapy, contact the company here: Unlocking The Body Massage Therapy Jennifer Bull (253) 970-8256 info@unlockingthebody.com 8112 112th St Ct E, Puyallup, WA 98373

Unlocking The Body Massage Therapy

Established in 2008, Unlocking The Body is a Massage Therapy Clinic in Puyallup. We accept Health Insurance, Car Accidents, Work Related Injuries, as well as Private Pay for general wellness or stress relief in our day spa.

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