



Progressive Spine And Orthopaedics Offers Pain Management Services in Englewood

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New Jersey based Progressive Spine and Orthopaedics - Englewood is pleased to inform the wider public that they provide treatment for muscle pain. As a clinic that specializes in correcting bone deformities, they also offer spine surgeries to patients from nearby cities like Totowa, Edison and even New York.

As noted on their website, Progressive Spine and Orthopaedics believes that muscle pain, especially back pain, should be treated immediately. While strains, deformities and other body injuries seem to last for a short amount of time, they may unexpectedly be aggravated by unforeseen events. Consequently, working, doing household chores, driving and interacting with others can become unbearable tasks. Much worse, the risk for osteoporosis and spinal cord tumors is increased.

In fact, findings from the Orthopaedic Design & Technology Magazine once showed that Americans spend an exorbitant amount?25 billion dollars?annually just to treat their bone pain. In addition, four out of five Americans are expected to seek bone pain relief as they age. Even teenagers as young as 18 years old need spinal pain management right away, despite their bones being denser than those of the elderly.

As such, Progressive Spine and Orthopaedics is committed to providing a wide range of pain management services to their patients. Their most popular service is robotic spine surgery, which is effective in treating chronic back pain. While there is a risk of further complications due to the usage of screw placements, this technique is proven to be more precise than traditional methods. Failure of the surgery is reduced by about 10%, nerve damage is lessened by 2% and recovery time is accelerated at an incredible pace.

Furthermore, no X-rays are used to check the condition of the spine; as a result, cancer and the other harmful side effects of radiation can be avoided. Other innovative methods of surgery that the clinic offers include the following: anterior cervical discectomy and fusion, minimally invasive lumbar discectomy and laser spine surgery.

The clinic also offers physical therapy to their clients. This kind of treatment aims to reduce body strain through a regimen of massage, hot and cold water and regular exercise. It is proven to not just help people restore their mobility (i.e. walking and standing) but also relieve pain caused by muscular injuries. Moreover, it is a safer alternative to pain-killing drugs, injections, traditional surgeries and other invasive methods of treatment. Those interested in learning more are welcome to reach out to the clinic through their Facebook page.

Progressive Spine and Orthopaedics also makes it a point to help their patients identify the kinds of pain they are experiencing. The clinic has their own instrument for pain assessment, wherein patients can describe which parts of the body are painful, how they cope with the symptoms and how frequent they suffer from muscle pains. The clinic also has a Magnetic Resonance Imaging (MRI) machine, wherein electromagnetic waves are used to display 3D images of the skeletal and nervous systems, among others. In this process, magnetic fields induce signals in the water molecules present in patients' bodies to produce cross-sectional images. MRI's are known to boast higher resolution imaging and are safer than X-rays.

Progressive Spine and Orthopaedics is managed by Dr. Joshua S. Rovner, a certified member of the American Board of Orthopaedic Surgeons who has conducted numerous successful spine surgeries for more than a decade. He believes that pain management is essential to not only facilitate daily activities but also to experience total joy in life. Due to his exceptional expertise and empathetic leadership, the clinic has received awards like the Jersey Choice Top Doctors 2014 and Patients' Choice Award for four consecutive years. It has also attracted more patients and received numerous positive feedback.

As presented in a glowing review on the company's official website, police officers like Scott S. and Frank E. share that they were able to sleep more soundly since their body pain was eliminated. In addition, Fred K., a business owner, was happy that he was able to still play golf while running his enterprise.

Those who need pain relief at this instant may check the contact details of Progressive Spine and

Orthopaedics on their GMB listing. They may also book a consultation through the clinic's official website. Upon contacting the clinic, they will be requested to fill out the pain assessment tool so that the medical staff can swiftly identify what needs to be treated as well as the method that needs to be used.

Currently, only telemedicine appointments are available as a safety precaution against COVID-19. To stay up to date with other important news and announcements, patients are advised to connect with Progressive Spine and Orthopaedics through their social media accounts.

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Joshua S. Rovner, MD

Dr. Rovner is board-certified by the American Board of Orthopedic Surgeons to practice in New York and New Jersey. He is an expert at Robotic Spine Surgery which "makes Spinal Surgery safer, more precise and less invasive".

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